

Breakfast



Yampah Mineral Hot Springs

Rio Grande

SEELY ROTARY TRAIN NO. 2
BLUE TRAIN
ENROUTE TO
ROTARY INTERNATIONAL
SAN FRANCISCO
JUNE 1947

Via

Rio-Grande

MOFFAT TUNNEL ROUTE



Denver, Colorado, to Salt Lake City, Utah

Breakfast - - - June 2, 1947

Good morning, Rotarians! Did you know that while you slept last night, you tunnelled through the Rocky Mountains via the famous Moffat Tunnel, the second longest railroad tunnel in the world?

Immediately some will ask why didn't we do this in the daytime? But we couldn't have enjoyed the high spots of Denver and at the same time see the black spots of the Moffat Tunnel!

Are you having fun?

Rotarily and Right Hart-ily,

HART I. SEELY, Chairman

P. S.: Take this menu with you as a souvenir, if you so desire.

BREAKFAST



Orange Juice

Grapefruit Juice

Kadota Figs

Breakfast Prunes

Choice of Hot or Dry Cereals

Panned Fillet of Fish, Lemon Butter

Omelette with Green Peppers

Ham or Bacon with Eggs

Toast

Rolls

Muffins

Coffee

Tea

Cocoa

Milk

H. I. Scofield
Passenger Traffic Manager

C. A. Wall
Supt. Dining Car and Hotel Dept.

DENVER & RIO GRANDE WESTERN RAILROAD, DENVER, COLORADO

HENRY SCHWARTZ STEWARD



Yampah Mineral Hot Springs

Yampah Hot Springs at Glenwood Springs, Colorado, are well known to discriminating travelers the world over, and justly deserve the well-founded reputation they enjoy. The Indians of the region used the springs long before they were developed by the white man. To keep clean, the Indians lowered one another into the hot springs caves and literally "sweated it out." They also knew the therapeutic values of the waters and used them as an aid in curing aches and pains.

Today the springs have been developed into the largest outdoor hot-water swimming pool in the world. Hot mineral water, boiling up from deep within the earth at a temperature of 127 degrees, and clear, cold mountain water, which originates high on the surrounding mountain slopes from the deep snow fields, are both directed into the pool to maintain a constant temperature of 84 degrees. All-year-around swimming enjoyment is thus made possible. The largest spring flows at the rate of 3,000 gallons a minute, and about 4,500,000 gallons of this anti-septic mineral water flow into and out of the pool every 24 hours.

The pool has a natural setting in a beautiful mountain valley surrounded by Rocky Mountain monarchs. Here is the place to spend some time on your vacation. Enjoy the fun of swimming in the pool with agreeable companions; of acquiring that beautiful tan while lying on the beach that is a thousand miles from the nearest ocean. Such relaxation is especially welcome and soothing after participating in the numerous other recreational activities of the region, such as horseback riding or hiking over the mountain trails, fishing in the many streams, or golfing on the nearby golf course.

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