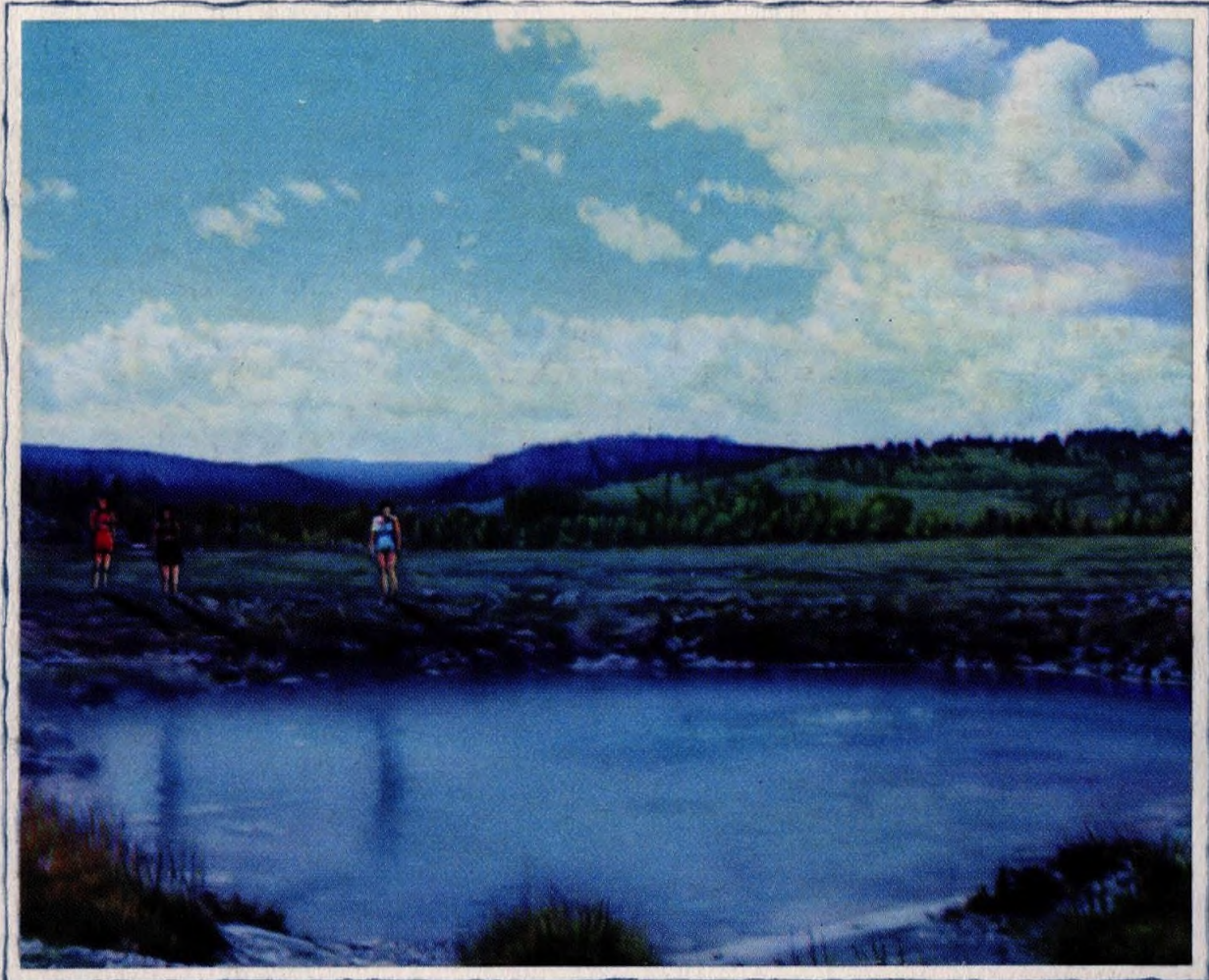


Breakfast



Healing Water

Rio Grande

Menu

JUICES	Tomato Juice, 25	Grapefruit Juice, 25			
	Orange Juice, 25; Double, 35	Lemon and Water, 15			
	California Prune Juice, 25	Vegemato Cocktail, 25			
FRUIT	Grapefruit, 25	Sliced Bananas with Cream, 35			
	Baked Apple with Cream, 35	Kadota Figs, 35			
	Whole Orange, 15	Sliced Orange, 25			
	California Prunes, 20, with Cream, 30				
	Individual Jar Extracted Honey, 25				
CEREALS	All Cereals with Cream, 30				
	Oatmeal	Puffed Wheat	Puffed Rice	Cream of Wheat	
	Whole Wheat Cereal	Grape Nuts	Toasted Corn Flakes		
	All Bran	Wheaties	Shredded Ralston	Bran Flakes	Rice Krispies
		Shredded Whole Wheat Biscuit			
		Fresh Fish Available, 90			
FISH					
	Fresh Fish Available, 90				
MEAT	Broiled Ham, 85	Grilled Bacon, 85			
	Bacon or Ham and Eggs, 1.00				
EGGS	Eggs, Boiled, Fried, Scrambled, or Shirred, 40				
	Poached on Toast (2), 55				
	Omelette, Plain, .55, with Diced Ham, 80				
POTATOES	American Fried or Hashed Browned, 25				
BREAD	Breakfast Rolls or Muffins, 15				
	White, Whole Wheat or Rye Bread, 15				
	Ry-Krisp (Non-fattening), 15				
TOAST	Dry or Buttered Toast, 15				
	Milk Toast, 40	French Toast with Jelly, 55		Cream Toast, 60	
GRIDDLE CAKES	Griddle Cakes with Maple Syrup, 40		With Honey, 50		
BEVERAGES	Coffee, Pot, 25				
	Decaffeinated Coffee, or Instant Postum, Pot, 25				
	Cocoa, Pot, 25				
	English Breakfast, or Orange Pekoe Tea, Pot, 25				
	Pasteurized Milk, or Buttermilk, Bottle, 15				
	Malted Milk, 25				

We are proud of our employes. We will appreciate it if you will write us about any unusual courtesies they show you.

No check issued for less than 25c for each person.

If there is a particular dish you desire, not listed, the Steward will gladly furnish, if available.

Service outside of Dining Car, 25c extra for each person served.

Our ceiling prices are in conformance with the provisions of the Emergency Price Control Act as amended in 1946.

Enlist and be a 1946 Tourist in the United States Navy

Rio Grande Club Breakfast Service

FRUITS

Tomato Juice Lemon and Water Sliced Bananas
 Orange Juice V-8 Cocktail Prune Juice California Prunes Kadota Figs
 Baked Apple

CEREALS

Rolled Oats Whole Wheat Cereal Cream of Wheat
 Puffed Wheat Shredded Whole Wheat Biscuit All Bran
 Puffed Rice Toasted Corn Flakes Wheaties
 Grape Nuts Rice Krispies Bran Flakes
 Shredded Ralston

□ □

No. 1—\$1.15

CHOICE OF LISTED FRUITS AND CEREALS

Panned Fillet of Fresh Fish, Brown Butter
 Browned Corned Beef Hash with Egg
 Sausage or Bacon and Eggs

French Toast—Bacon Breakfast Rolls
 Toast Decaffeinated Coffee
 Bran Muffins Tea Milk Cocoa

□ □

No. 2—95c

CHOICE OF LISTED FRUITS, JUICES OR CEREALS

Omelette with Diced Ham
 Boiled, Fried or Scrambled Eggs
 Corn or Wheat Cakes with Syrup

Muffins Toast
 Breakfast Rolls Tea Milk Cocoa Decaffeinated Coffee
 Coffee

□ □

No. 3—75c

CHOICE OF LISTED FRUITS AND CEREALS

Toast Rolls
 Bran Muffins Tea Milk Cocoa Decaffeinated Coffee
 Coffee Saccharin available, if desired

□ □

*Parents may share their portions with children without extra charge
 Half portions will be served children under twelve years of age, at half price*

Please order by number, write selections on meal check and pay
only on presentation of check in your own handwriting—properly priced
and totaled. Waiters are forbidden to write checks, or to serve orders
 given verbally.

H. I. Scofield
 Passenger Traffic Manager

C. A. Wall
 Supt. Dining Car and Hotel Dept.

Denver & Rio Grande Western Railroad, Denver, Colo.



Healing Water

Pictured on the cover is the great Spring Pagosa, located in the center of the vast recreational San Juan area in Southwestern Colorado—where nature truly bubbles over with joy.

Pagosa means "healing water." Long before the white man penetrated into these mountain fastnesses, this great hot spring was known to the Indians for the health-giving properties of its gurgling waters, and—according to Indian lore—was once the subject of a unique duel.

It seems that possession of the spring was disputed by the Utes and the Navajos. After several years of intermittent but undecisive warfare between the braves of the two tribes, a conference was held at which it was decided to settle the matter once and for all by a duel to the death between a representative of each tribe.

As their champion, the Utes selected a white man—Colonel Albert Pfeiffer—famous Indian scout and friend of Kit Carson, who had been adopted by the tribe. The weapon agreed on was the bowie knife—a heavy hunting knife with a straight single-edged blade, much favored for hand-to-hand combat, and a murderous weapon indeed in the hand of a skilled duelist.

Colonel Pfeiffer's method of using the bowie knife proved to be highly unorthodox but nonetheless effective. As his red-skinned opponent cautiously approached, but well before he got within reach, Pfeiffer suddenly threw his knife in Apache style. His gamble—for it left him weaponless—was successful, as his knife unerringly found the surprised Navajo's heart. The spring thus became the undisputed property of the Utes.

The future of Pagosa Springs is bright indeed. Endowed by nature with this unique hot spring, waters of which have been piped to bathhouse and pool, and situated in a region of primitive mountain beauty, it seems certain to one day rank with the most famous spas in this country.

DENVER AND RIO GRANDE WESTERN RAILROAD