



For You a Rose
in Portland Grows



"Good Morning"
**CLUB BREAKFAST
SERVICE**

PEACHES-CREAM
HONEYDEW MELON
CANTALOUPE
JUICE OF THE GRAPE
SLICED BANANAS
SLICED PINEAPPLE
ORANGE—WHOLE, SLICED OR JUICE
WASH.-ORE. STEWED PRUNES
WASH.-ORE. FRESH PRUNES
PRESERVED FIGS

OATMEAL
CREAM OF WHEAT
GRAPE NUTS
WHEATIES
SHREDDED WHEAT
WHEAT BRAN
CORN FLAKES

Your choice of one listed Fruit or Cereal and Cream, with Coffee, Tea, Cocoa,
Chocolate or Milk and the following combinations:

Passenger will please write full selection on check to facilitate prompt service

<i>No.</i>	<i>Please Order by Number</i>	<i>Price</i>
1	MUFFINS OR TOAST	50c
2	ONE EGG TO ORDER AND MUFFINS OR TOAST	65c
3	GRIDDLE CAKES, PURE MAPLE SYRUP	65c
4	CHOICE OF FRUIT AND CEREAL WITH MUFFINS OR TOAST AND BEVERAGE	65c
5	TWO EGGS TO ORDER AND MUFFINS OR TOAST	80c
6	CORNEB BEEF HASH WITH POACHED EGG AND MUFFINS OR TOAST	80c
7	HAM OR BACON AND GRIDDLE CAKES	95c
8	TWO EGGS TO ORDER AND GRIDDLE CAKES	95c
9	PLAIN OMELET AND MUFFINS OR TOAST	95c
10	HAM OR BACON AND TWO EGGS, MUFFINS OR TOAST	\$1.00

*A service that is courteous and dependable.
Suggestions for betterment invited.*

J. A. BLAIR
GENERAL SUPERINTENDENT DINING CARS
ST. PAUL, MINNESOTA

Upon request Steward will furnish mailing envelope for this menu.

To Mothers: Send the baby's bottle to the dining car to be
sterilized and filled.

Separate sleeping quarters and shower baths are provided for
the crew of this dining car in coach ahead.



FIGURES IN RED DENOTE NUMBER OF CALORIES IN PORTION AS SERVED



Passenger will please write full selection on check to facilitate prompt service

BREAKFAST

FRUITS

- (45) HONEYDEW MELON—PORTION, 25 (25-50) CANTALOUPE (HALF, 25) WHOLE 35
 (320) SLICED BANANAS—CREAM, 30 (400) SLICED PEACHES—CREAM, 35
 (50) SLICED PINEAPPLE, 30
 (75) ORANGE (1), 15 (75) SLICED, 20 (110) JUICE (2), 30
 (300) WASH.-ORE. FRESH PRUNES—CREAM, 30 (300) WASH.-ORE. STEWED PRUNES—CREAM, 30

INDIVIDUAL PRESERVED FRUITS, ETC.

- (200) ORANGE OR GRAPE FRUIT MARMALADE, 25
 (200) STRAWBERRY, RASPBERRY OR LOGANBERRY PRESERVES, 30
 (200) PEACH OR APRICOT PRESERVES, 25 (400) PRESERVED FIGS WITH CREAM, 40
 (135) HONEY, 25

CEREALS

- (130) GRAPE NUTS (200) SHREDDED WHEAT (70) WHEATIES (100) WHEAT BRAN
 (75) CORN FLAKES (110) CREAM OF WHEAT OR
 (80) OATMEAL WITH CREAM, 30

FISH

- (400) FINNAN HADDIE, CREAMED IN CASSEROLE, 70

EGGS AND OMELETS

- EGGS (220) FRIED (150) BOILED OR (240) SCRAMBLED (2), 35
 (300) POACHED ON TOAST (2), 50 (360) HAM OR (400) JELLY OMELET, 65
 (260) PLAIN OMELET, 45

MEATS

- (800) SIRLOIN STEAK, GRILLED TO ORDER, \$1.50 (450) LAMB CHOPS (2), 80
 (395) BACON AND EGGS, 70 (600) HAM AND EGGS, 70
 (50) BACON, PER SLICE, 20

POTATOES

- (250-300) HASHED BROWN, PAN OR FRENCH FRIED, 25

BREAD, TOAST, ETC.

- (210) DRY OR (350) BUTTERED TOAST, 15
 (200) HOT MUFFINS, 10 (250) ASSORTED BREAD, 10
 (600) GRIDDLE CAKES, PURE MAPLE SYRUP, 30
 (495) FRENCH TOAST, JELLY OR SYRUP, 45 (410) MILK TOAST, 30

BEVERAGES

- COFFEE (POT), 20 TEA OR POSTUM (POT), 20
 (150) INDIVIDUAL BOTTLE MILK, 15 (220) MALTED MILK, 20
 (400) COCOA OR (440) CHOCOLATE (POT), 20

Hot Breads and Pastries served are baked fresh on this car daily.

EMPLOYEES ARE FORBIDDEN TO ACCEPT OR SERVE VERBAL ORDERS

Secretary Hoover says:

"WE talk glibly of giving billions of credit to foreign countries to increase our farm exports. I wish to say, with all responsibility for the statement, that a billion dollars spent upon American railways will give more employment to our people, more advance to our industry, more assistance to our farmers, than twice that sum expended outside the frontiers of the United States—and there will be greater security for the investor."

