

Billie Dove, Paramount Pictures Star, Believes "An Apple a Day Keeps the Doctor Away"

National Apple Week October 31 to November 6, 1925

"The Apple way is the happy way"



Eat Wenatchee Apples Great Northern Railway

A Story of Apples

Raising Apples Where Only Sage Brush Grew

The Apples Served on Great Northern Dining Cars Come from the Wenatchee District in the State of Washington

THE city of Wenatchee is located on the west bank of the Columbia River on the Main Transcontinental Line of the Great Northern Railway, half-way between Seattle and Spokane. Wenatchee is the headquarters town for the famous Wenatchee District, which includes the Columbia River Valley, Lake Chelan and the Okanogan Valley, and which has, during the past few years, become famous as "The Land of the Big Red Apple."

At the coming of the Great Northern Railway in the early nineties the Wenatchee Valley was a sage-brush covered desert, to all appearances arid and worthless. In 1903 irrigation works on a large and thorough scale were completed and the development of the valley was begun in earnest. Today, the Wenatchee Valley is one vast apple orchard. Other fruits are produced and are wonderfully successful, but the Wenatchee district has specialized in apples. Winesaps, Delicious, Spitzenbergs, Yellow Newtown Pippins, Winter Bananas, Stayman and Jonathans are the leading varieties.

The best evidence of the growing importance of this district is found in the statement following which shows the yearly shipments in carloads from 1902 until 1923.

| Season of | Cars | Season of | Cars |
|-----------|-------|-----------|-------|
| 1902 | 2 | 1913 | 4,461 |
| 1903 | 116 | 1914 | 6,848 |
| 1904 | 587 | 1915 | 5,769 |
| 1905 | 632 | 1916 | 7,373 |
| 1906 | 603 | 1917 | 8,160 |
| 1907 | 807 | 1918 | 8,624 |
| 1908 | 1,540 | 1919 | 1,850 |
| 1909 | 804 | 1920 | 9,258 |
| 1910 | 2,791 | 1921 | 5,000 |
| 1911 | 2,286 | 19221 | 4,000 |
| 1912 | 4,273 | 1923 | 8,103 |
| | | | |

In 1923 the Wenatchee District produced the greatest apple crop in its history—18,103 carloads.

The entire Wenatchee apple crop has been produced on approximately 30,000 acres of irrigated orchards, young and old, good and bad. This area would be equal to about one and one-half townships.

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APPLE BUTTER CANAPE, 25

APPLE NATURAL, 10

APPLE COCKTAIL, 25

BIG BAKED APPLE WITH CREAM, 25

APPLE SAUCE, 20

STEAMED APPLES, 20

APPLE COBLER, 35

APPLE CROQUETTES, 35

COMPOTE OF APPLE WITH RICE, 50

APPLE FRITTERS, 25

Apple Omelet, 50

Salads

APPLE AND CELERY, 50

APPLE AND ORANGE, 50

APPLE NATURAL-STUFFED WITH WALNUTS, 50

APPLE AND PINEAPPLE, 50

Desserts

APPLE PIE, 20

APPLE PUDDING, 25

Apple Tapioca, 25

APPLE CUSTARD, 25

fat Wenatchee Apples

| Variety | Eating Quality | Cooking Quality | Common Storage | Cold Storage Will In- clude | Flavor | Size | Color | Origin |
|--------------------|-------------------|--------------------|------------------------------|--------------------------------------|--|---------|-------------------------------|--------|
| Graven- stein | Good | Excellent | Aug. Sept. | Oct. | Juicy, crisp | 72-150 | Red-yellow striped | Ger, |
| King Tompkins | Excellent | Good | Sept. Oct. | Nov. | Mild, Juicy | 72-128 | Red to yellow | N. J. |
| McIntosh Red | Excellent | Fair | Sept. Oct. | Nov. Dec. | Pleasant, juicy | 112-200 | Bright red | Ont. |
| Jonathan | Excellent | Good | Oct. Nov. | Dec. | Mild, juicy, crisp | 96-225 | Bright red | N. Y. |
| Grimes Golden | Excellent | Fair | Oct. Nov. | Dec, | Mild, pleasant | 112-165 | Vellow, some pink blush | Va. |
| Wagener | Excellent | Good | Oct. Nov, | Dec. | Juicy, sub- acid | 96-165 | Red-yellow striped | N. J. |
| Spitzen- berg | Excellent | Excellent | Nov, Dec, Jan, | Feb. Mar. | Spicy, sub- acid, crisp, rich, juicy | 80-150 | Bright red | N. V. |
| Delicious | Excellent | Fair | Nov. Dec. Jan. | Feb. June | Mild, slightly sweet | 72-140 | Red-yellow mottled | Iowa |
| Winter Banana | Good | Fair | Dec. Jan. | Feb. Mar. | Mild | 80-150 | Yellow pink blush | |
| Ortley | Excellent | Excellent | Dec. Jan. | Feb. Mar. | Mild, juicy, sub-acid | 80-150 | Golden yellow | N. J. |
| Stayman Winesap | Excellent | Fair | Dec. Jan. | Feb. Mar. | Mild, sub- acid | 96-175 | Vellow-red striped | Kan. |
| Rome Beauty | Very Good | Excellent | Dec. Jan. | Feb. Mar. Apr. | Pleasant, sub-acid | 72-165 | Yellow-red mottled | Ohio |
| Newtown Pippin | Excellent | Excellent | Jan. Feb. Mar. Apr. | May | Acid, very juicy, crisp | 80-200 | Vellow, some blush | N. V. |
| Winesap | Excellent | Good | Jan. Feb. Mar. Apr. | May | Sub-acid, crisp, very juicy | 128-225 | Dark red | N. J. |
| Arkansas Black | Fair | Good | Feb. Mar. Apr. May | June | Moderate | 72-165 | Deep dark red | Ark. |

When to Eat Apples