



Canadian Pacific
DINING CAR SERVICE

Table d'Hote Luncheons

Minestrone

Consommé, Clear

Chilled Apple, Tomato or Grapefruit Juice

Grilled Fillet of Fish, Lemon Wedge.....\$2.30

Baked Individual Chicken and Mushroom Pie.....2.60

Sliced Co'd Chicken and Ham, Tomato Slices.....2.70

Omelet, as desired, with Rasher of Bacon.....2.30

Assorted Fruit Salad on Crisp Lettuce with Cottage Cheese.....1.80

(Vegetables not served with Salad Meals)

Creamed Whipped Potatoes

Parsleyed Buttered Potatoes

Pickled Beets

Green Beans

Fruit Pie

Ice Cream with Cake

Fruit Jelly with Cream

Assorted Bread

Rolls (Hot or Cold)

*Tea

*Coffee

Milk

*Iced if desired

It is with pleasure and pride that we call attention to the desire and willingness of all our employees to give their utmost in service and special attention and they as well as ourselves would appreciate your criticisms as well as your commendations.

Souvenir copy of this menu card in envelope, ready for mailing, may be had on application to steward.

NOTICE TO

WILL GUESTS PLEASE BE GOOD
MEAL CHECK EACH ITEM DES
PERMITTED TO ACCEPT OR SER

Buffet Car Service



A la Carte

APPETIZERS.....	Iced Celery and Olives.....	60
	Tomato Juice or Grapefruit Juice, 30	
	Small Side Salad of Lettuce and Tomatoes.....	40
SOUP.....	Minestrone	} Cup.....30
	Consommé (Hot or Jellied)	
FISH.....	Fried or Grilled, Lemon Wedge.....	\$1.50
ENTREES.....	Baked Individual Chicken and Mushroom Pie.....	1.65
	Individual Pot of Baked Beans.....	90
	Baked Spaghetti with Tomato Sauce.....	90
EGGS AND OMELETS.....	Boiled (One) 40, (Two) 75	Fried (One) 40, (Two) 75
		Scrambled, 75
	Omelets:—Plain.....	90 Canadian Cheese.....95
	Tomato.....	95 Country Style.....1.00
VEGETABLES.....	Parsleyed New Potatoes, 25	
	Hashed Browned Potatoes. 40	Creamed Whipped Potatoes.25
	Pickled Beets.....	35 Green Beans.....35
COLD SELECTIONS.....	Domestic Sardines.....	55 Imported Sardines.....1.20
	Sliced Cold Chicken and Ham, \$1.75 (With Potato Salad 25 cents extra)	
SALADS.....	Chicken, \$1.75	Assorted Fruit, \$1.00 Lettuce and Tomato, 90
SANDWICHES ... (Double Deck)	Chicken.....	\$1.40 Ham and Cheese.....\$1.00
	Bacon and Egg.....	1.40 Bacon and Tomato.....1.00
	Lettuce and Tomato.....	80 Club.....1.40
DESSERTS.....	Fruit Jelly with Cream.....	35
	Fruit Pie.....	30 Ice Cream 30, with Cake...35
	Canadian Cheddar Cheese with Biscuits, 40	
BREAD AND ROLLS.....	Raisin, White or Brown Bread, 20	Rolls (Hot or Cold), 20
BEVERAGES.....	*Tea, Pot, 30	*Coffee, Pot, 30 Cocoa, Pot, 30
	Individual Milk, 20	
	*Iced if desired	

GUESTS

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RED. EMPLOYEES ARE NOT
VE ORDERS GIVEN VERBALLY.

● Meals for children under twelve years of age may be selected from Children's Menu.

T. P. James, Manager,
Sleeping, Dining and Parlor Cars, Montreal.

"Indian Days at Banff" in the Canadian Rockies

The Canadian Rockies, a loose term that covers nearly 450 miles of mountain ranges between Calgary and Vancouver on the main transcontinental line of the Canadian Pacific Railway, comprise a series of spectacular peaks and passes, major and minor mountain ranges and more scenic wonders than could be expected to be compressed into such a comparatively small segment of the earth's surface.

Banff and Lake Louise, outstanding summer resorts located 40 miles apart in Banff National Park have long been a mecca for holiday makers. Although luxury hotels, complete with the amenities expected in this day, cater to the thousands of visitors every summer the main attractions are the magnificent mountain scenery, rushing rivers, tumbling falls and tree clad slopes.

Every summer at Banff tribal sports and contests are held during a four-day period known as "Indian Days". Chiefs and braves compete on sturdy mountain ponies in the traditional tribal contests. Squaws exhibit intricate bead work, moccasins, gauntlets and exquisite designs in quills.

Not far away, in the very shadow of Banff Springs Hotel, Bow Falls is a scenic attraction becoming increasingly well known to thousands of travellers.