

THE KICKING HORSE RIVER

## **LUNCHEON SUGGESTIONS**

Potage Ecossaise

Boiled New England Dinner

Savoy Cabbage

Baked Jacket Potato

Cherry Pie à la Mode

Edam Cheese

Crackers

Coffee

## COLD:

Chilled Grapefruit Juice

Crabmeat Salad Mayonnaise

Lettuce and Tomato Salad

Compôte of Mixed Fruit Chantilly

Black Diamond Cheese

Crackers Tea

## MENU

JUICES Clam Tomato Grapefruit Canadian Sardines Bismark Herrings Pimentoes Italienne Gendarmes HORS Salade Nicoise Celery Ravé Mexicorn Choux-fleur Remoulade D'OEUVRES Assorted Continental Sausages Consommés: Nature, Pate d'Italie Potage Ecossaise SOUP Essence of Celery Grilled Fresh Herrings, Mustard Sauce FISH Cold: Crabmeat Salad Mayonnaise EGGS Poached Bénédict Omelettes: Plain, Espagnole Spaghetti Bolognaise **FARINACEOUS** ENTREES Boston Lamb and Vegetable Stew Honeycomb Tripe à l'Anglaise Frankfurters with Sauerkraut Boiled New England Dinner IOINT GRILL Sirloin Steak, Sauce Bearnaise To Order Frogs' Legs Provencale Split Cambridge Sausage Buttered Corn Kernels **VEGETABLES** Savoy Cabbage Mashed Baked Jacket Lyonnaise POTATOES Spiced Beef Terrine of Duckling York Ham Roast Sirloin of Beef COLD BUFFET Jellied Ox Tongue Galantine of Capon Canadian Ham Oxford Brawn Roast Lamb, Mint Sauce Pressed Pork Veal and Ham Pie Lettuce, Tomato, Potato, Beetroot, Mixed Bowl, Vitamin, Spring Onions SALADS Dressings: French, Roquefort, Mayonnaise, Thousand Islands, Sweet Rice Custard Pudding DESSERTS Cherry Pie à la Môde Cherry Pie Compôte of Mixed Fruit Chantilly Lime Jelly Ice Creams: Vanilla, Strawberry, Coffee Almond Tartlets Cheshire, Gruyere, Stilton, Gouda, Black Diamond, Imperial, Ingersoll CHEESES Danish Blue, Gorgonzola, Philadelphia, Cherry Hill, Oka, Kraft, Cottage CRACKERS, VARIOUS Tea Coffee LUNCHEON

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Many visitors to the Canadian Rockies ask how the Kicking Horse River got its name and many answers are given—some of them based upon the credulity of the questioner. Even historians who have dealt at length with the building of the Canadian Pacific Railway differ among themselves. The generally accepted version is that James Hector, geologist with the survey party, was kicked by his own mount after helping to rescue a packhorse from an eddy of the swift-running river. Indian guides are said to have suggested the name. History neither confirms nor denies the local tales that Dr. Hector was actually kicked into the river.

The idyllic scene pictured here is three or four miles west of Field, B.C., junction point on the mountain highway connecting Lake Louise with Emerald Lake Chalet and Yoho Valley Lodge, in the heart of spectacular country filled with unafraid wild life, leaping torrents, rocky crags. Mount Field, in the background, has an altitude of 8,655 feet.

