



Canadian Pacific
DINING CAR SERVICE

"The Ca

"Good M

BREAK

A LA CARTE

Fruits and Fruit Juices

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|---|-----------------------------------|
| Chilled Apple, Tomato or Grapefruit Juice, 30 | Freshly Squeezed Orange Juice, 35 |
| Lemon and Water, 20 | Iced Half Grapefruit, 40 |
| Stewed Prunes with Cream, 35 | Fresh Fruit in Season, 40 |

Cereals

Oatmeal or Cream of Wheat or Dry Cereal with Cream, 40

Fish

Fillets of Fresh Fish, Lemon Wedges, \$1.20

Eggs, Omelets, Etc.

| | | | |
|--|--------------------------|------------------|---------------|
| Grilled Bacon or Ham, \$1.20 | | | |
| Grilled Ham or Bacon with 1 Egg, \$1.10; with 2 Eggs, \$1.30 | | | |
| Boiled Eggs (2), 75 | Poached on Toast (2), 75 | Scrambled, 75 | Fried (2), 75 |
| Omelets:—Plain, 90 | Canadian Cheese, 95 | Fresh Tomato, 95 | |
| Chopped Ham, \$1.05 | Chicken Livers, \$1.00 | | |

Specialties

| | |
|--|----------------------------|
| Griddle Cakes with Sausages and Canadian Maple Syrup, \$1.35 | |
| Chicken Hash with Poached Egg, \$1.65 | |
| Canadian Pork Sausages, \$1.00 | Broiled Lamb Chops, \$1.85 |
| French Canadian Pancakes with Maple Syrup, \$1.00 | |

Preserves, Etc.

| | |
|---------------------------------|----------------------|
| Ontario Strained Honey, 35 | Orange Marmalade, 25 |
| Strawberry or Raspberry Jam, 25 | |

Hot Breads, Etc.

| | | |
|------------------|---------------------------|-----------------------------|
| Rolls, 20 | Dry or Buttered Toast, 20 | Raisin Bran Muffins, 20 |
| Hot Biscuits, 20 | Corn Muffins, 20 | French Toast with Jelly, 55 |

Tea, Coffee, Etc.

| | | |
|---------------------|--------------------|-----------------|
| Tea, Pot, 30 | Coffee, Pot, 30 | Cocoa, Pot, 30 |
| Individual Milk, 20 | Instant Postum, 30 | Malted Milk, 30 |

It is with pleasure and pride that we call attention to the desire and willingness of all our employees to give their utmost in service and special attention and they as well as ourselves would appreciate your criticisms as well as your commendations.

Souvenir copy of this menu card in envelope, ready for mailing, may be had on application to dining car steward.

Canadian"

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FAST

TABLE D'HOTE

Fruits, Fruit Juices and Cereals

(Choice of One)

Apple, Tomato or Grapefruit Juice

Freshly Squeezed Orange Juice

Lemon-and-Water

Stewed Prunes

Fresh Fruit in Season

Cooked or Dry Cereal with Cream

Selections

| | |
|--|--------|
| Ham or Bacon with Fried or Scrambled Eggs..... | \$2.00 |
| Fillets of Fresh Fish, Lemon Butter..... | 1.90 |
| Griddle Cakes with Sausages, Maple Syrup..... | 1.85 |
| Ham or Bacon with One Egg..... | 1.75 |
| Boiled, Fried, Scrambled or Poached Eggs..... | 1.50 |

Toast

Raisin Bran Muffins

Hot Rolls

Strained Honey, Marmalade, Jam or Jelly

Tea

Coffee

Milk

Will guests please be good enough to write on meal check each item desired, as employees are not permitted to accept or serve orders given verbally.

Meals for children under twelve years of age may be selected from Children's Menu.

T. P. JAMES, MANAGER, SLEEPING, DINING AND PARLOR CARS
CANADIAN PACIFIC RAILWAY CO., MONTREAL.

"The Mounted"

The scarlet coat of "The Mounted" has been the symbol of law, order and justice to Canadians since 1873, twelve years before Canada's first transcontinental railway, the Canadian Pacific, was built. In the western plains, during the 1898 gold rush to the Yukon, and across the Dominion, the history of the Royal Canadian Mounted Police has been one of tenacity, endurance and high courage. Organized as the North-West Mounted Police, armed with horse, lance and carbine to handle Indian unrest and protect settlers in the North-West Territories, the Force maintained order during the building of the Canadian Pacific Railway across the Prairies. In 1904 the name of the Force became the Royal North-West Mounted Police.

In 1918 it was entrusted with the enforcement of Dominion legislation for Western Canada. In 1920 this jurisdiction was extended to the whole of Canada, and the name was changed to Royal Canadian Mounted Police. Headquarters was transferred from Regina, still the Dominion Training Centre, to Ottawa. The Royal Canadian Mounted Police today enforces the laws against smuggling by land, sea and air, is responsible for the suppression of traffic in narcotic drugs and exercises supervision over aliens. Use is made of every known scientific aid to police protection in its well-equipped laboratories.

Just as "The Mounted" played a heroic part in the carving out of a new democracy on the western frontier so, today, it plays its part in the preservation of that democracy at home.

The smart constable pictured overleaf on the steps of the West Block of the Parliament Buildings at Ottawa is as characteristic of the Dominion as is the Peace Tower in the centre of the colour photograph.