



*Canadian Pacific*  
DINING CAR SERVICE

*Canadian Pacific*



*Southland Life Insurance  
Company*

*Special Train*

*enroute to*

*Banff, Alberta, Canada  
and return*

*May 29th - June 4th, 1955*



# Dining Car Service

## Luncheon

\$2.25

Chilled Grapefruit Juice

Bean and Bacon Soup

Hot or Jellied Consommé

Grilled Pacific Salmon or Lake Superior Trout

Irish Stew with Dumplings, en Casserole

Roast Spring Chicken with Dressing, Giblet Gravy

Parsleyed New Potatoes

Creamed Whipped Potatoes

Mixed Garden Vegetables

Fresh Vegetable and Raisin Slaw

Steamed Fruit Pudding, Lemon Sauce

Ice Cream with Wafers

Canadian Cheddar Cheese with Biscuits

Assorted Bread

Rolls, Hot or Cold

\*Tea

\*Coffee

Milk

\*Iced if desired

## *Ski High in the Canadian Rockies*

Winter comes early to the Banff-Lake Louise area of the Canadian Rockies. From early December frequent and heavy falls of powder snow pile to unusual depths in this magnificent mountain area, while weather conditions and brilliant sunshine combine to offer the skier the ultimate in outdoor holidays — all this in a setting of spectacular grandeur! This incomparable ski domain meets the desire of skiers from beginner to expert — offering safe, short and easy gradients as well as exceptionally long and steep slopes, many above timber line in open country close to the sky. Glorious spring skiing extends through March and April — and often well into May.

You ski high in the Canadian Rockies. You ski on top of the world. You will be "on top of the world" in the Mountain Empire of Banff National Park where peaks, mile-high slalom courses, dazzling downhill, breathtaking open runs and vistas accent the exhilaration of skiing on the sky-line; where high alplands offer long, easy slopes. Banff and Lake Louise, long King and Queen of the Canadian Rockies in the summer, hold ski-court amid the incredibly deep, well packed, powder-topped snows of winter and the popular suntan skiing of late spring.

To make your Canadian Rockies ski holiday complete, range westward to the famous slopes at Revelstoke, B.C., ski on Grouse Mountain — a few minutes from Vancouver. Then — ring the changes — take a Canadian Pacific "Princess" liner to Victoria, B.C., for golf, tennis, riding in the temperate climate of Canada's Evergreen Playground.