



Good Morning!

## Breakfast

Grape Fruit

Apples

Oranges

Grapes

Pears

Plums

Frozen Strawberries

Casaba Melon

Chilled Juices : Tomato, Apple, Orange, Pineapple, Grape Fruit

Compotes : Prunes, Raisins, Pineapple, Plums

Baked Apples (Hot or Cold)

Special : Clam Broth      French Onion Soup

Rolled Oats

Creamed Semolina

Oatmeal Porridge

All-Bran

Puffed Wheat

Puffed Rice

Rice Krispies

Shredded Wheat

Corn Flakes

Wheat Germ Tonik

Fried Fish Cakes, Anchovy Sauce

Smoked Cod in Milk

Eggs : Boiled, Fried, Turned, Poached, Scrambled, Romaine

Omelettes: Plain, Tomato, Cheese, Parsley, Jambon, Sweet

Broiled Breakfast Bacon

Country Black Puddings

Kidney Saute Turbigio

Fried Potatoes

TO ORDER :

Grilled York Ham

Chicken Legs

Devilled Beef Bones

COLD

Roast Beef

Ox Tongue

Spring Onions

Green Salad

Wholemeal Griddle Cakes, Golden Syrup

Waffles, Maple Syrup

Rolls: White, Graham

Breads: Raisin, Energen, Hovis

Toasts : White, Brown, Raisin, Melba      To Order : French Toast

Treacle Scones

Biscuits : Ry-vita, Vita-Weat

Muffins : Corn, All-Bran

Jams, Marmalades, Honey (see special list)

Teas : Ceylon, China, Green, Camomile, Mint

Coffee

Sanka Coffee

Nescafé

Cocoa

