



MENU

"The Mountaineer"



Table d'Hotel Breakfast Suggestions

Prices shown subject to sales tax in States where applicable

\$1.50

CHOICE OF FRUIT JUICE OR FRUIT	}	Tomato, Orange, Apple or Grapefruit Juice	Lemon and Water
		Chilled Melon	Sliced Orange
		Stewed Rhubarb or Prunes	Sliced Banana with Cream
		Dry or Cooked Cereal with Milk or Cream	
		Broiled Lake Superior Trout, Lemon Wedge	
		Griddle Cakes with Sausage, Canadian Maple Syrup	
		Ham or Bacon with Two Eggs	Omelet, As Desired
Muffins		Rolls (Hot or Cold)	Toast
		Marmalade, Jam or Honey	
*Tea		*Coffee	Cocoa
			Postum
			Milk

* (ICED IF DESIRED)

\$1.25

CHOICE OF FRUIT JUICE, FRUIT OR CEREAL	}	Tomato, Orange, Apple or Grapefruit Juice	Lemon and Water
		Chilled Melon	Sliced Banana with Cream
		Stewed Rhubarb or Prunes	
		Dry or Cooked Cereal with Milk or Cream	
		Eggs: Boiled, Fried or Scrambled	Ham or Bacon with One Egg
		Plain Omelet	Fish Cakes with Bacon Rasher
Muffins		Rolls (Hot or Cold)	Toast
		Marmalade, Jam or Honey	
*Tea		*Coffee	Cocoa
			Postum
			Milk

* (ICED IF DESIRED)

\$1.00

CHOICE OF FRUIT JUICE, FRUIT OR CEREAL	}	Tomato, Orange, Apple or Grapefruit Juice	Lemon and Water
		Sliced Orange	Sliced Banana with Cream
		Stewed Rhubarb	
		Dry or Cooked Cereal with Milk or Cream	
Muffins		Rolls (Hot or Cold)	Toast
		Marmalade, Jam or Honey	
*Tea		*Coffee	Cocoa
			Postum
			Milk

* (ICED IF DESIRED)

It is with pleasure and pride that we call attention to the desire and willingness of all our employees to give their utmost in service and special attention and they as well as ourselves would appreciate your criticisms as well as your commendations.

13-14 M.J. 13-51-B-13

Canadian Pacific

Souvenir copy of this menu card in envelope, ready for



Dining Car Service

A la Carte Breakfast Suggestions

FRUITS AND JUICES

Orange Juice, 25	Double Orange Juice, 40	Tomato Juice, 25	Apple Juice, 25
Lemon and Water, 15		Grapefruit Juice, 25	
	Stewed Rhubarb, 30		
Stewed Prunes with Cream, 30	Chilled Melon, 25	Sliced Orange, 25	
	Sliced Banana with Cream, 30		

CEREALS

With Cream, 40

Oatmeal

Cream of Wheat

Corn Flakes, All Bran, Grapenuts, Shredded Wheat, Bran Flakes,

Puffed Wheat

GRIDDLE CAKES WITH MAPLE SYRUP, 60 WITH SAUSAGE, 95

FISH

Broiled Lake Superior Trout, Lemon Wedge, 1.00

Fish Cakes with Bacon Rasher, 85

GRILLED DISHES

Bacon (3 strips), 50

Bacon (5 strips), 80

Ham (1/2 cut), 60

Bacon (2 strips) and 1 Egg, 70

(3 strips) with 2 Eggs, 95

Ham (1/2 Cut) and 1 Egg, 80

with 2 Eggs, 95

EGGS, OMELETS, ETC.

Eggs: Scrambled, (2) 45 Fried or Boiled, (1) 25 (2) 45 Poached on Toast, (2) 65

Omelets: Plain, 50

Jelly, Parsley or Tomato, 75

French Toast with Canadian Maple Syrup, 75

HASHED BROWNED POTATOES, 30

BREAD AND ROLLS

Rolls (Hot or Cold), 15

Muffins, 20

Toast, 20

Milk Toast, 45

Bread: White, Brown and Raisin, 15

PRESERVES, ETC.

Strained Honey, 30

Marmalade, 25

Jam, 30

TEA COFFEE, ETC.

*Coffee, pot 25

*Tea, pot 25

Individual Milk, 20

Cocoa, pot 25

Instant Postum, 25

* (ICED IF DESIRED)

In addition to selections shown on the Children's Menu, half portions will be served to children under 12 years of age if ordered on special meal check.

J. L. Sugden, Manager, Sleeping, Dining and Parlor Cars, Montreal.

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mailing, may be had on application to dining car steward.

In the Canadian Rockies

Snow-capped mountains; deep velvet-carpeted valleys; tumbling streams; steep waterfalls; pine-clad slopes; the sharp staccato bark of locomotive exhausts; musical echoes from whistles; glimpses of wild life — mile upon mile of rugged peaks thrusting into the blue sky — these are yours when you ride the transcontinental main line of the Canadian Pacific through The Rockies.

The six hundred miles between Calgary and Vancouver include the Rocky and Selkirk Ranges. Both afford sheer scenic beauty that is not excelled in any day's journey. Rushing rivers in the Kicking Horse Pass and Fraser Canyon; the magnificent Yoho Valley; the Big Hill at Field; the fabulous Spiral Tunnels; in these are a real mountain adventure — enjoyed from the comfort of air-conditioned cars.

Loveliest in summer, the Canadian Rockies are filled with beauty at every season. Wild flowers herald the spring, deep snows accentuate evergreens in winter. Nature's paint brush brightens the autumn scene with reds, yellows and browns like these in the Kicking Horse Canyon.

Canadian Pacific

