



The Royal Canadian Mounted Police



Dining Car Service

A la Carte Dinner Suggestions

RELISHES

Iced Celery, 35 Apple, Grapefruit or Tomato Juice, 25 Green Olives, 35
 Vegetable Juice Cocktail, 25 Sliced Tomatoes, 45
 Green Onions and Radishes, 35

SOUP

Canadian Pea Soup, Tureen, 40 Cup, 25
 Consomme (Hot or Jellied) Cup, 30

FISH

Poached B. C. Salmon with Egg Sauce, 1.00
 Grilled Pacific Halibut Steak, Maitre d'Hotel, 1.00

STEAKS, ENTREES AND ROASTS

Single Sirloin Steak, Grilled to Order, 2.50
 Savory Creamed Chicken and Ham on Toast, 1.00
 Grilled Lamb Chops with Jelly, (1) 80 (2) 1.50
 Roast Prime Ribs of Beef, Horse-radish, 1.20

EGGS AND OMELETS

Eggs: Boiled or Fried, (1) 25 (2) 45 Scrambled, 45 Poached on Toast, (2) 65
 Omelets: Plain, 50 Jelly, Tomato, Mushroom or Spanish, 75

VEGETABLES

Boiled or Creamed New Potatoes, 20 Hashed Browned Potatoes, 30
 Fresh Asparagus, 40 Wax Beans, 30

COLD DISHES

Imported Sardines, 60 Assorted Cuts, 1.00 Sliced Chicken, 1.00
 (With Potato Salad 10 cents extra)

SALADS IN INDIVIDUAL BOWL—WITH FRENCH OR MAYONNAISE DRESSING

Salmon, 85 Chicken, 1.00 Combination, 70 Assorted Fruit, 85

DESSERTS

Fresh Rhubarb or Deep-Dish Peach Pie, 25 with Ice Cream, 40
 Steamed Fruit Pudding, Custard Sauce, 25 Fruit Jelly with Cream, 25
 Ice Cream, 30 with Fruit Cake, 35

CANADIAN CHEDDAR CHEESE WITH BISCUITS, 40

BREAD AND ROLLS

Rolls (Hot or Cold), 15 Toast, 20 Bread: White, Brown or Raisin, 15

TEA, COFFEE, ETC.

*Coffee, pot 25 *Tea, pot 25 Cocoa, pot 25
 Instant Postum, 25 Individual Milk, 20

* (ICED IF DESIRED)

In addition to selections shown on the Children's Menu, half portions will be served to children under 12 years of age if ordered on special meal check.

J. L. Sugden, Manager, Sleeping, Dining and Parlor Cars, Montreal.

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mailing, may be had on application to dining car steward.

"The Mounted"

The scarlet coat of "The Mounted" has been the symbol of law, order and justice to Canadians since 1873, twelve years before Canada's first transcontinental railway, the Canadian Pacific, was built. In the western plains, during the 1898 gold rush to the Yukon, and across the Dominion, the history of the Royal Canadian Mounted Police has been one of tenacity, endurance and high courage. Organized as the North-West Mounted Police, armed with horse, lance and carbine to handle Indian unrest and protect settlers in the North-West Territories, the Force maintained order during the building of the Canadian Pacific Railway across the Prairies. In 1904 the name of the Force became the Royal North-West Mounted Police.

In 1918 it was entrusted with the enforcement of Dominion legislation for Western Canada. In 1920 this jurisdiction was extended to the whole of Canada, and the name was changed to Royal Canadian Mounted Police. Headquarters was transferred from Regina, which is still the Dominion Training Centre, to Ottawa. The Royal Canadian Mounted Police today enforces the laws against smuggling by land, sea and air, is responsible for the suppression of traffic in narcotic drugs and exercises supervision over aliens. Use is made of every known scientific aid to police protection in its well-equipped laboratories.

Just as "The Mounted" played an heroic part in the carving out of a new democracy on the western frontier so, today, it plays its part in the preservation of that democracy at home.

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