

THE DOMINION

TABLE D'HOTE DINNERS

\$1.75

Choice of Pacific Coast Fish Green Beans

Soup: Cream of Tomato or Tomato or Apple Juice Baked Salmon Trout with Dressing Mashed Turnips

Boiled Potatoes

Hot Mince Pie

Steamed Fruit Pudding, Vanilla Sauce

Mashed Potatoes

Ice Cream with Cake

Baked B. C. Rome Beauty Apple with Cream

Vitamin "B" White, Brown and Raisin Bread

Tea Coffee Cocoa Instant Postum Rolls (Hot or Cold) Milk Buttermilk

Savory Omelet

\$2.00

Green Olives or Iced Celery Soup: Cream of Tomato or Tomato or Apple Juice Roast Ribs of Beef, Natural

Individual Baked Chicken Pie Assorted Cold Cuts, Potato Salad

Green Beans

Hot Mince Pie

Mashed Turnips

Boiled Potatoes

Mashed Potatoes

Steamed Fruit Pudding, Vanilla Sauce

Ice Cream with Cake

Baked B. C. Rome Beauty Apple with Cream

Canadian Cheese with Crackers

Vitamin "B" White, Brown and Raisin Bread Tea Coffee

Cocoa

Rolls (Hot or Cold) Instant Postum Milk Buttermilk

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• Half portions served at half price to children under 12 years of age if ordered on special meal check.

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STATION LUNCH ROOMS-VANCOUVER, CALGARY, MOOSE JAW AND

A la Carte Suggestions

RELISHES

Iced Celery, 30 Tomato Juice, 25 Chow Chow, 20 Apple Juice, 25

Queen Olives, 25 Mixed Pickles, 20

SOUP—Cream of Tomato (Cup) 25, (Tureen) 40

FISH

Grilled Pacific Coast Fish, 95

Baked Salmon Trout, Dressing, 95

ROASTS AND ENTREES

Roast Beef, 1.05

Chicken Pie, 1.05

INDIVIDUAL POT OF BAKED BEANS (Hot or Cold), 55

EGGS AND OMELETS

Boiled or Fried (1) 30, (2) 55 Scrambled, 55 Poached on Toast (1) 30, (2) 55 Shirred, 55

Omelets—Plain, 60 Jelly, Cheese or Savory, 65 Chopped Ham, 75 Fresh Mushroom, 75 Spanish, 75

VEGETABLES

Boiled Potatoes, 20 Hashed Browned Potatoes, 30 Mashed Potatoes, 20 Sugar Corn, 25 Wax Beans, 25 Turnips, 25 Green Beans, 25 Green Peas, 25

COLD DISHES

Canadian Sardines, 35 Roast Beef, 90 Chicken, 95 Assorted Meats, 90 (with Potato Salad, 10c extra)

SALADS IN INDIVIDUAL BOWL—WITH FRENCH OR MAYONNAISE DRESSING

Chicken Salad, 80

Fruit, 65

Seafood Salad, 80

Combination, 65

DESSERT

Mince Pie, 25

Fruit Pudding, 30 Ice Cream 25, with Cake 30

Baked B. C. Rome Beauty Apple 25, With Cream 35

BREAD AND ROLLS, 10

CHEESE, 30

TEA, COFFEE, ETC.

Coffee, Pot, 25, served with Hot Milk or Cream Instant Postum, 25 Tea, Pot, 25 Cocoa, Pot, 25 Malted Milk, 25 Individual Bottle Milk, 15 Buttermilk, 15

No check issued for a less amount than 25c to each person.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

WINNIPEG-GOOD MEALS, LIGHT REFRESHMENTS AT POPULAR PRICES

ICE FRONS

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"The Mounted"

The scarlet coat of "The Mounted" has been the symbol of law, order and justice to Canadians since 1873, twelve years before Canada's first transcontinental railway, the Canadian Pacific, was built. In the western plains, during the 1898 gold rush to the Yukon, and across the Dominion, the history of the Royal Canadian Mounted Police has been one of tenacity, endurance and high courage. Organized as the North-West Mounted Police, armed with horse, lance and carbine to handle Indian unrest and protect settlers in the North-West Territories, the Force maintained order during the building of the Canadian Pacific Railway across the Prairies. In 1904 the name of the Force became the Royal North-West Mounted Police.

In 1918 it was entrusted with the enforcement of Dominion legislation for Western Canada. In 1920 this jurisdiction was extended to the whole of Canada, and the name was changed to Royal Canadian Mounted Police. Headquarters was transferred to Ottawa from Regina which is still the Dominion Training Centre. The Royal Canadian Mounted Police today enforces the laws against smuggling by land, sea and air, is responsible for the suppression of traffic in narcotic drugs and exercises supervision over aliens. Use is made of every known scientific aid to police protection in its well-equipped laboratories.

Just as "The Mounted" played an heroic part in the carving out of a new democracy on the western frontier so, today, it plays a part in the preservation of that democracy at home.

Canadian Pacific

SPANS THE WORLD