



THE
CHATEAU FRONTENAC



TABLE D'HOTE DINNERS



\$1.00

Thick Ox Tail	Tomato, Apple or Grapefruit Juice
	Boiled Salmon, Parsley Sauce
	Fried Fillets of Sole, Tartar Sauce
Boiled Potatoes	Mashed Potatoes
Fried Parsnips	Creamed Carrots
Deep Apple Pie	Steamed Fig Pudding, Custard Sauce
	Ice Cream with Cake
Vitamin "B" White and Brown Bread	Rolls (Hot or Cold)

\$1.25

Iced Celery	Queen Olives	Mixed Pickles
Thick Ox Tail	Tomato, Apple or Grapefruit Juice	
	Fresh Mushrooms on Toast	
	Baked Individual Chicken Pie	
	"Red Brand" Roast Ribs of Beef, Pan Gravy, Horseradish	
	Cold Chicken and Ox Tongue with Potato Salad	
Boiled Potatoes	Mashed Potatoes	
Fried Parsnips	Creamed Carrots	
Deep Apple Pie	Steamed Fig Pudding, Custard Sauce	
Grapefruit (Half)	Ice Cream with Cake	
	Canadian Cheese with Biscuits	
Vitamin "B" White and Brown Bread	Rolls (Hot or Cold)	

● The following beverages may be ordered for additional charge of five cents each:

Tea	Instant Postum	Coffee	Cocoa	Milk
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● Half portions served at half price to children under twelve years of age, if ordered on special meal check

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A la Carte Suggestions

Iced Celery, 20
Tomato Juice, 15

Queen Olives, 20
Orange Juice, 20
Grapefruit Juice, 20

Mixed Pickles, 15
Double Orange Juice, 35

SOUP (Tureen, 25, Cup 15) (See Table d'Hote Menu)

FISH, 50 (See Table d'Hote Menu)

Individual Pot of Baked Beans (Hot or Cold), 35

EGGS, OMELETS, ETC.

Boiled (One) 15, (Two) 25
Shirred, 35

Fried (One) 15, (Two) 25

Scrambled, 30

Poached on Toast (One) 20, (Two), 35

Omelets:—Plain, 30

Tomato, Cheese or Parsley, 40

VEGETABLES

Boiled Potatoes, 15

Mashed Potatoes, 15

Fresh Vegetables, 15 (see Table d'Hote Menu)

Asparagus on Toast, 30

Sugar Corn, 15

Green Peas, 15

COLD DISHES

Roast Chicken, 55, with Potato Salad, 65

SALADS—WITH FRENCH OR MAYONNAISE DRESSING

Chicken, 50

Lettuce and Tomato, 35

Asparagus Vinaigrette, 35

Beet and Egg, 35

DESSERT

Pudding, 20

Baked Apple, 15 with Cream, 25

Deep Apple Pie, 20

BREAD AND ROLLS

Vitamin "B", White and Brown Bread, 10, Toast 10, Rolls (Hot or Cold) 10

CANADIAN CHEESE WITH BISCUITS, 25

TEA, COFFEE, ETC.

Tea, Pot, 20

Instant Postum, 20

Cocoa, Pot, 20

Individual Sealed Bottled Milk, 15

No check issued for less than 25 cents per person.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

**NICE
TRONS**

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verbally.

Learn Parallel Skiing at... LAC BEAUPORT

Live at the

CHATEAU FRONTENAC

IN FRIENDLY OLD QUEBEC

Quebec City means two things . . . Winter Sports! and the Chateau Frontenac! Skiing, with emphasis on the simple, logical "Parallel" technique developed by Fritz Loosli, celebrated instructor of the Chateau Frontenac Ski-Hawk Club in Quebec; skating, snow-shoeing and curling are all readily accessible.

The Chateau Frontenac, turreted like a Norman castle, focal point for all sports—and for luxurious comfort—provides glowing open fires, the companionship of attractive lounges in the Ski-Hawk Club, cocktails in the Terrace Club, dancing, delicious cuisine.

Nearby is the famous "Snow Bowl" at Lac Beauport where there is everything from easy slopes for beginners . . . slalom and downhill runs to thrill even professionals . . . miles of cross-country trails . . . an up-to-date ski tow at Mont St. Castin, centre of the Bowl's activities.

Valcartier, recent ski discovery near old Quebec City, has fast downhill runs and the challenge of open hills for the more expert skier.

Winter, Spring, Summer or Autumn, Quebec City with its 17th Century charm, its magnificent modern Chateau Frontenac, its panorama of hills and the broad sweep of the mighty River St. Lawrence has manifold attractions for the visitor.

Not the least of these charms . . . whether it be headquarters for skiing the "Parallel Way" at Lac Beauport, Valcartier or . . . a short walk from the Chateau Frontenac on the gentle slopes of the historic Plains of Abraham . . . summertime rambles on leisurely Isle d'Orleans . . . or just plain sight-seeing in the walled city . . . is the luxurious cosmopolitan comfort of the Chateau Frontenac, the Canadian Pacific hotel that dominates the ancient city.

CANADIAN PACIFIC HOTELS

HOSTELRIES OF BEAUTY AND EFFICIENCY

Noted for Hospitality, Service and Cuisine at moderate rates.