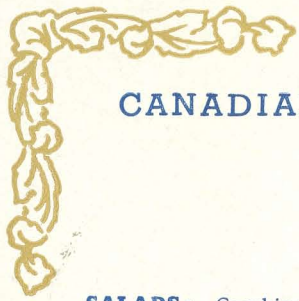




**THE
CHATEAU
FRONTENAC**





CANADIAN PACIFIC - CANADIAN NATIONAL

Pooled Train Service

TABLE D'HOTE LUNCHEONS

75 Cents

SALADS: Combination
 Half Grapefruit Pie

Chicken
 Cabinet Pudding
 Vitamin "B" White and Brown Bread

Lettuce and Tomato
 Ice Cream with Cake
 Rolls

85 Cents

Boiled Potatoes
 Green Peas

Grilled or Pan Fried Fresh Fish
 Cabinet Pudding
 Vitamin "B" White and Brown Bread

Mashed Potatoes
 Creamed Carrots
 Ice Cream with Cake
 Rolls

\$1.00

Omelet, Fines Herbs
 Chicken Saute, Mushroom Sauce

Vegetable Soup or Tomato Juice
 Vegetable Dinner with Poached Egg
 Baked Macaroni with Cheese
 Fresh Mushrooms on Toast, Bordelaise

Boiled Potatoes
 Green Peas

Half Grapefruit Pie

Cabinet Pudding
 Vitamin "B" White and Brown Bread

Mashed Potatoes
 Creamed Carrots
 Ice Cream with Cake
 Rolls

"The following beverages may be ordered for additional charge of five cents."
 Instant Postum Tea Coffee Milk Buttermilk Cocoa

A LA CARTE SUGGESTIONS

RELISHES

Queen Olives, 20 Celery, 20

SOUP (Cup, 15, Tureen, 25) (See Table d'Hote Menu)

FISH (Fried or Grilled) 50

EGGS OR OMELETS

Boiled (One) 15, (Two) 25 Fried (One) 15, (Two) 25 Scrambled, 30
 Shirred, 35 Poached on Toast (One) 20, (Two) 35

Omelets:—Plain, 30 Jelly, Cheese or Parsley, 40

Individual Pot of Baked Beans (Hot or Cold), 35

VEGETABLES

Sugar Corn, 15 Mashed or Boiled Potatoes, 15 Green Peas, 15
 Stewed Tomatoes, 15

COLD DISHES

Domestic Sardines, 25 Chicken, 55
 (With Potato Salad 10 cents Extra)

SALADS—WITH MAYONNAISE DRESSING

Chicken, 50 Combination, 40 Lettuce and Tomato, 35

DESSERT

Half Grapefruit, 20 Pie, 15 Pudding, 20 Baked Apple, 15, with Cream, 25
 Ice Cream, 15, with Cake, 20

BREAD OR ROLLS, 10

CANADIAN CHEESE WITH BISCUITS, 25

TEA, COFFEE, ETC.

Coffee, Cup, 10, Pot, 20 Tea, Pot, 20 Cocoa, Pot, 20
 Instant Postum, 20 Malted Milk, 20 Individual Bottle Milk, 15

● Half portions served at half price to children under 12 years of age if ordered on special meal check.

"No check issued for less than twenty-five cents per person."
T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

(QUE.—3-M)

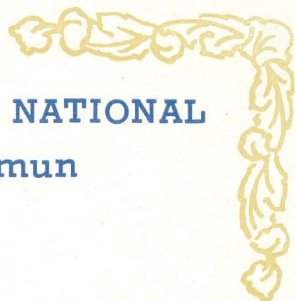
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PACIFIQUE CANADIEN - CANADIEN NATIONAL

Service de Trains en Commun

LUNCHS TABLE D'HOTE

75 sous
SALADES: Combinaison Poulet Laitue et tomate
 Pamplemousse (demi) Pouding cabinet Crème glacée avec gâteau
 Tartre Pain blanc et brun Vitamine "B" Petits pains

85 sous
 Poisson frais, grillé ou frit dans la poêle
 Pommes de terre, bouillies Pommes de terre, en purée
 Pois verts Carottes à la crème
 Pamplemousse (demi) Pouding cabinet Crème glacée avec gâteau
 Tartre Pain blanc et brun Vitamine "B" Petits pains

\$1.00
 Soupe aux légumes ou jus de tomates
 Omelette, fines herbès Diner aux légumes avec oeuf poché
 Poulet sauté, sauce aux champignons Macaroni au four avec fromage
 Champignons frais sur pain grillé, bordelaise
 Pommes de terre, bouillies Pommes de terre, en purée
 Pois verts Carottes à la crème
 Pamplemousse (demi) Pouding cabinet Crème glacée avec gâteau
 Tartre Pain blanc et brun Vitamine "B" Petits pains
"Une charge additionnelle de cinq sous sera exigée pour les breuvages suivants."
 Instant Postum Thé Café Lait Lait de beurre Cacao

SUGGESTIONS A LA CARTE

HORS D'OEUVRES

Olives reines, 20 Céleri, 20
 SOUPE (tasse, 15, terrine, 25) (Voir Menu Table d'Hote)

POISSON (frit ou grillé) 50

OEUFs OU OMELETTES

Bouillis (un) 15, (deux) 25 Frits (un) 15, (deux) 25 Brouillés, 30
 Oeufs sur plat, 35 Pochés sur pain grillé (un) 20, (deux), 35
 Omelettes:—Nature, 30 Gelée, fromage ou persil, 40
 Pot de fèves au four, (chaudes ou froides), pour une personne, 35

LÉGUMES

Pommes de terre, bouillies ou en purée, 15
 Blé d'inde sucré, 15 Tomates à l'étuvée, 15 Pois verts, 15

PLATS FROIDS

Sardines domestiques, 25 Poulet, 55
 (Avec salade de pommes de terre 10 sous additionnels)

SALADES—APPRÊTÉES À LA MAYONNAISE

Poulet, 50 Combinaison, 40 Laitue et tomate, 35

DESSERT

Pamplemousse (demi), 20 Tartre, 15 Pouding, 20 Pomme au four, 15, avec crème, 25
 Crème glacée, 15, avec gâteau, 20

PAIN OU PETITS PAINS, 10

FROMAGE CANADIEN AVEC BISCUITS, 25

THÉ, CAFÉ, ETC.

Café, tasse, 10, pot, 20 Cacao, pot, 20
 Instant Postum, 20 Lait de malt, 20 Thé, pot, 20 Lait en bouteille, (pour une personne), 15

● Demie portion servie à moitié prix aux enfants en-dessous de 12 ans, si ordonnée sur formule spéciale.

"Aucune commande en-dessous de vingt-cinq sous par personne ne sera émise."

T. M. McKeown, gérant, service des wagons-lits, wagons-restaurants et wagons-salons, Montréal.

AVIS
CLIENTS
 Écrivez votre formule de commande des mets que vous désirez. Il est déconseillé de le faire par l'intermédiaire des garçons. Remplissez les données nécessaires à l'ordre.



Learn Parallel Skiing at... LAC BEAUPORT

Live at the

CHATEAU FRONTENAC

IN FRIENDLY OLD QUEBEC

Quebec City means two things . . . Winter Sports! and the Chateau Frontenac! Skiing, with emphasis on the simple, logical "Parallel" technique developed by Fritz Loosli, celebrated instructor of the Chateau Frontenac Ski-Hawk Club in Quebec; skating, snow-shoeing and curling are all readily accessible.

The Chateau Frontenac, turreted like a Norman castle, focal point for all sports—and for luxurious comfort—provides glowing open fires, the companionship of attractive lounges in the Ski-Hawk Club, cocktails in the Terrace Club, dancing, delicious cuisine.

Nearby is the famous "Snow Bowl" at Lac Beauport where there is everything from easy slopes for beginners . . . slalom and downhill runs to thrill even professionals . . . miles of cross-country trails . . . an up-to-date ski tow at Mont St. Castin, centre of the Bowl's activities.

Valcartier, recent ski discovery near old Quebec City, has fast downhill runs and the challenge of open hills for the more expert skier.

Winter, Spring, Summer or Autumn, Quebec City with its 17th Century charm, its magnificent modern Chateau Frontenac, its panorama of hills and the broad sweep of the mighty River St. Lawrence has manifold attractions for the visitor.

Not the least of these charms . . . whether it be headquarters for skiing the "Parallel Way" at Lac Beauport, Valcartier or . . . a short walk from the Chateau Frontenac on the gentle slopes of the historic Plains of Abraham . . . summertime rambles on leisurely Isle d'Orleans . . . or just plain sight-seeing in the walled city . . . is the luxurious cosmopolitan comfort of the Chateau Frontenac, the Canadian Pacific hotel that dominates the ancient city.

CANADIAN PACIFIC HOTELS

HOSTELRIES OF BEAUTY AND EFFICIENCY

Noted for Hospitality, Service and Cuisine at moderate rates.