



Kodachrome courtesy of R.C.A.F.

On The Bow River
Mount Rundle in Background
BANFF
Canadian Rockies





THE DOMINION TABLE D'HOTE DINNERS

\$1.00

Cream of Fresh Asparagus	or	Tomato or Apple Juice
	Boiled Salmon, Parsley Sauce	
	Grilled Lake Superior Trout, Maitre d'Hotel	
	Boiled or Mashed Potatoes	
New Beets	Chocolate Custard Pie	New Cabbage
Blanc Mange with Stewed Rhubarb		Fruit Compote
Vitamin "B" White and Brown Bread		Rolls

\$1.25

Iced Celery	Olives	Spring Onions	Radishes
		or	Tomato or Apple Juice
	Cream of Fresh Asparagus		
	Fresh Mushrooms on Toast with Bacon		
	Curried Veal with Rice		
	Roast Ribs of Beef, Browned Potatoes		
	Assorted Cold Meats with Potato Salad or Pickled Beets		
	Boiled or Mashed Potatoes		
New Beets			New Cabbage
Chocolate Custard Pie	Blanc Mange with Stewed Rhubarb		Fruit Compote
	Canadian Cheese with Biscuits		
Vitamin "B" White and Brown Bread			Rolls

● The following beverages may be ordered for additional charge of five cents :

Tea	Instant Postum	Coffee	Cocoa	Milk
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● Half portions served at half price to children under twelve years of age, if ordered on special meal check

Waiters are not allowed to serve verbal orders.
Passengers will kindly write their orders on meal check.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

3-4—Tor.—10-45

*Take
of your cha
Savings*

**EVERY CENT
EVERY STAR
TOWARDS**

*The Steward
For*

A la Carte Suggestions

Iced Celery, 20 Olives, 20 Mixed Pickles, 15 Spring Onions, 15 Radishes, 15
 Tomato Juice, 15 Orange Juice, 20 Apple Juice, 15 Double Orange Juice, 35

SOUP (Tureen, 25, Cup 15) (See Table d'Hote Menu)

FISH, 50 (See Table d'Hote Menu)

ENTREES, 50, 55 and 65 ROASTS, 60 and 65 (See Table d'Hote Menu)

STEAKS, ETC., FROM THE GRILL

Sirloin Steak, 1.25	Small Sirloin Steak, 1.00
Bacon (3 strips) 30, (5 strips) 50	Bacon and Eggs, 55
Ham (1/2 cut) with 1 Egg 45, with 2 Eggs, 55	
Sausages with Bacon, 50	Broiled Ham (1/2 cut) 35, (full cut) 50
Individual Pot of Baked Beans (Hot or Cold), 35	

EGGS, OMELETS, ETC.

Boiled (One) 15, (Two) 25	Fried (One) 15, (Two) 25	Scrambled, 30
Shirred, 35	Poached on Toast (One) 20, (Two), 35	
Omelets:—Plain, 30	Jelly, Cheese or Parsley, 40	Bacon or Ham, 45

VEGETABLES

Boiled or Mashed Potatoes, 15	Sugar Corn, 15	New Beets, 15
Asparagus on Toast, 30		Green Peas, 15

COLD DISHES

Assorted Cold Meats, 50	Canadian Sardines, Fancy Pack, 25	Ox Tongue, 50
	Ham, 50	
(With Potato Salad 10 cents extra)		

SALADS—WITH FRENCH OR MAYONNAISE DRESSING

Chicken, 50	Lettuce and Tomato, 35
Asparagus Vinaigrette, 35	Beet and Egg, 35

DESSERT

Pudding, 20	Half Grapefruit, 20	Pie, 15
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BREAD AND ROLLS

Vitamin "B", White and Brown Bread, 10, Rolls 10, Toast 10

CANADIAN CHEESE WITH BISCUITS, 25

TEA, COFFEE, ETC.

Tea, Pot, 20	Coffee Cup, 10, Pot, 20	Instant Postum, 20
Cocoa, Pot, 20		Malted Milk, 20
Individual Sealed Bottled Milk, 15		

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No check issued for less than 25 cents per person.
 Waiters are not allowed to serve verbal orders
 Passengers will kindly write their orders on meal check.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars. Montreal.



The Canadian Pacific at War

● Canadian Pacific employees have gone "all out" to back the war effort, both in the armed services and on the home front.

More than 19,300 employees have already enlisted in the Army, Navy and Air Force, with new enlistments being recorded regularly.

And on the home front the company's shops workers have manufactured tanks, marine engines and naval guns, and are keeping rolling stock in trim for heavy wartime duty.

Approximately 4,500 C.P. Steamships employees are on Admiralty service while more than 1,000 are serving on "Mont" ships used as armed cruisers. Others are attached to shore staffs.

Canadian Pacific employees are also active in Red Cross work, blood donor groups, Victory Loan campaigns and other wartime enterprises.