

Emerald Lake
in the
Canadian Rockies



THE DOMINION TABLE D'HOTE DINNERS

\$1.25

Radishes

Spring Onions

Chilled Celery

Clam Chowder

or

Tomato or Apple Juice

Broiled (Half) Spring Chicken

Roast Lamb, Mint Sauce

Baked Stuffed Tomatoes with Crabmeat

Fresh Mushroom Omelet

Boiled Potatoes

Wax Beans or New Beets

Mashed Potatoes

Apricot Pie

Bread and Butter Pudding

Peaches with Cream

Chilled Melon

Canadian Cheddar Cheese

Vitamin "B" White and Brown Bread

Rolls (Hot or Cold)

• The following beverages may be ordered for additional charge of five cents:

Tea

Coffee

Cocoa

Milk

Instant Postum

1 D.E., V-18-45 3-4-7-8

STATION LUNCH ROOMS-VANCOUVER, CALGARY, MOOSE JAW AND WI



Take p of your che War Savings

EVERY CENT EVERY STAN TOWARDS V

The Steward for sa

PACIFIC SEA FOOD DINNER \$1.00

Clam Chowder

Boiled Salmon, Parsley Sauce

Grilled Halibut, Cod or Fillet of Sole

Crabmeat Newburg or Kippered Herring Fillets

Boiled Potatoes

Wax Beans or New Beets

Mashed Potatoes

Apricot Pie

Butterscotch Pudding

Peaches with Cream

Chilled Melon

Vitamin "B" White and Brown Bread

Rolls (Hot or Cold)

Following beverages may be ordered for additional charge of five cents: Cocoa

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Stamps

COUNTS

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has them

Milk

Half portions served at half price to children under 12 years of age if ordered on special meal check.

Waiters are not allowed to serve verbal orders. Passengers will kindly write their orders on meal check.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

V-18-45 3-4-7-8

TEA, COFFEE, ETC.

Coffee, Cup, 10, Pot, 20, served with Hot Milk or Cream Instant Postum, 20 Cocoa, Pot, 20 Malted Milk, 20

Tea, Pot, 20 Individual Bottle Milk, 15

 Half portions served at half price to children under 12 years of age if ordered on special meal "No check issued for less than twenty-five cents per person."

Waiters are not allowed to serve verbal orders. Passengers will kindly write their orders on meal check.

T. M. McKeown, Manager, Sleeping, Dining and Parlor Cars, Montreal.

NNIPEG—GOOD MEALS, LIGHT REFRESHMENTS AT POPULAR PRICES

YOUR HOST ACROSS CANADA

Wherever you go from the Atlantic to the Pacific—in important cities—in Canada's most attractive resorts—you will find the preferred hostelry is one of the Canadian Pacific's fine hotels. Dignity—charm—convenience—delicious meals—spacious public rooms—comfortable guest rooms— Canadian Pacific service—you will enjoy them all at moderate rates when you stay at a Canadian Pacific hotel.

In the Canadian Rockies

Banff, Alberta-BANFF SPRINGS HOTEL-in the heart of Banff National Park. Mile-high golf, swimming, hot sulphur springs, tennis, fishing, boating, Alpine climbing, riding and hiking. Open summer months. European Plan. Outstanding attractions each summer include in normal years: Indian Days at Banff, Annual Trail Ride, Sky Line Hikers Camp, Banff Golf Week and the Banff School of Fine Arts. July 25 to August 25. (Not open for 1945 season.)

Lake Louise, Alberta--CHATEAU LAKE LOUISE-Facing an exquisite Alpine lake in Banff National Park. Mountain climbing with Swiss guides, pony trips, swimming, tennis, boating, fishing in neighboring waters and motoring to the Columbia Icefield. Open Summer months. European Plan. (Not open for 1945 season.)

Field, B.C.—EMERALD LAKE CHALET—Situated near Field, B.C., at the foot of Mount Burgess picturesque Yoho National Park. Roads and trails to Yoho Valley, Burgess Pass, etc. Boating and fishing. Open summer months. American Plan. (Not open for 1945 season.)

On the Pacific Coast

Victoria, B.C.—EMPRESS HQTEL—A charming hotel in Canada's Evergreen Playground, which by its equable climate has become a favorite summer and winter resort. Yachting, fishing, hunting and year-round golf. Crystal Garden for swimming and music. Open all year. European Plan.

Vancouver, B.C.—HÖTEL VANCOUVER—This spacious modern hotel is operated by the Vancouver Hotel Company on behalf of the Canadian Pacific and Canadian National

Railways. Open all year. European Plan.

On the Prairies

Calgary, Alberta—HOTEL PALLISER—A handsome hotel of metropolitan standard. Open all year. European Plan. The Calgary Stampede is a feature event each summer.

Regina, Sask.—HOTEL SASKATCHEWAN—In the capital of the Province of Saskatchewan.

Golf and other recreations. Open all year. European Plan.

Winnipeg, Man.—THE ROYAL ALEXANDRA—A popular hotel in the capital of the Province of Manitoba, and the centre of Winnipeg's social life. Open all year. European Plan.

In Eastern Canada

Toronto, Ont.—THE ROYAL YORK—Largest hotel in the British Empire and the ideal Convention headquarters. Open all year. European Plan.

Quebec, Que.—CHATEAU FRONTENAC—A metropolitan hotel in one of the most historic and romantic cities of North America. Twice the meeting place of world leaders. Open all year. European Plan. Winter sports headquarters. Instruction in the Parallel skiing technique at nearby Lac Beauport Snow Bowl.

McAdam, N.B.—McADAM HOTEL—A commercial and sportsman's hotel. Open all year.

American Plan.

St. Andrews-by-the-Sea, N.B.—THE ALGONQUIN—A holiday colony. The social centre of New Brunswick's most popular seashore resort. Golf, sea bathing, boating, summer

tennis. Open Summer months. American Plan. (Not open for 1945 season.)

Digby, N.S.—DIGBY PINES—Like an English country estate. Golf, tennis, fishing, swimming pool. Open Summer months. American Plan. (Not open for 1945 season.)

Kentville, N.S.—THE CORNWALLIS INN—Suited equally to the tourist and business man.

Centre for excursions to Evangeline Land. Open all year. American Plan.

Yarmouth, N.S.—LAKESIDE INN—Designed in attractive bungalow style. Golf and tuna fishing. Open summer months. American Plan. (Not open for 1945 season.)

Halifax, N.S.—LORD NELSON—A charming hotel facing the public gardens in the capital of Nova Scotia. Open all year. European Plan. (Operated by Lord Nelson Hotel Co.)

Canadian Pacific Lodges in the Rockies and at Ontario Fishing Resorts

French River, Ont	French River Chalet-Bungalow Camp
Kenora, Ont	Devil's Gap Lodge
Moraine Lake, Alta	*Moraine Lake Lodge
Hector, B.C.	*Lake O'Hara Lodge
Hector, B.C.	*Lake Wapta Lodge
Field, B.C	*Yoho Valley Lodge

(*Not open for 1945 season)

For further information and reservations apply to hotel managers, or nearest Canadian Pacific representative. The sleeping-car conductor will be pleased to wire ahead, without charge, to any of the Company's hotels for your reservations.

CANADIAN PACIFIC