



LET'S GO *Ski-ing*

TRAVEL *Canadian Pacific*

THE DOMINION

TABLE D'HOTE LUNCHEONS

75c

FRUIT, ASPARAGUS OR CHICKEN SALAD

BREAD	HOT BISCUITS	ROLLS
DIPLOMAT PUDDING		COCOANUT CUSTARD PIE
PINEAPPLE SUNDAE		ICE CREAM WITH CAKE
TEA, COFFEE OR MILK		BUTTERMILK

FISH LUNCHEON, 85c

FRIED OYSTERS, TARTAR SAUCE
BROILED LAKE TROUT, PARSLEY BUTTER
LAKE WHITEFISH, MAITRE D'HOTEL
GRILLED LAKE WINNIPEG GOLDEYE

BOILED OR MASHED POTATOES
NEW CABBAGE OR STEWED TOMATOES

BREAD	HOT BISCUITS	ROLLS
DIPLOMAT PUDDING		COCOANUT CUSTARD PIE
PINEAPPLE SUNDAE		ICE CREAM WITH CAKE
TEA, COFFEE OR MILK		BUTTERMILK

\$1.00

CONSOMME CLEAR

CRECY SOUP

SPANISH OMELET
PORK CHOP WITH FRIED APPLES
IRISH STEW WITH DUMPLINGS IN CASSEROLE
COLD BEEF, HAM OR OX TONGUE, POTATO SALAD

BOILED OR MASHED POTATOES
BUTTERED SPINACH OR STEWED CELERY

BREAD	HOT BISCUITS	ROLLS
DIPLOMAT PUDDING		COCOANUT CUSTARD PIE
PINEAPPLE SUNDAE		ICE CREAM WITH CAKE
TEA, COFFEE OR MILK		BUTTERMILK

Waiters are not allowed to serve verbal orders. Passengers will kindly write their orders on meal check.

Half portions served at half price to children under 12 years of age if ordered on special meal check.

T. M. McKEOWN, Manager, Sleeping, Dining and Parlor Cars, Montreal.

FOR *Ski-ing* VARIETY

CANADIAN ROCKIES

Here are combined all the natural advantages and ski thrills of the European Alps—right on your own continent. Towering peaks, vast powder-surfaced snowfields—smooth downhill runs, some dropping 3,000 feet. Easy slopes, too, for the beginner. Comfortable accommodations at "high country" ski camps—Sunshine Chalet and Mount Assiniboine Lodge out from Banff; Mount Temple and Skoki Lodges near Lake Louise. Experienced guides and expert ski instructors. Fast, air-conditioned train service to Banff and Lake Louise. The 1940 Canadian Ski Championships will be held at Banff February 29 - March 3.

MANITOBA AND ONTARIO LAKEHEAD

La Rivière, 112 miles southwest of Winnipeg, is the centre of Manitoba's finest ski country. Here, miles of hills have been developed by the cutting of inviting trails, downhill and slalom runs, and the building of jumps. Ski enthusiasts will also enjoy visiting Fort William, where the 1939 Canadian Championships were held. Many trails, a ski tow and splendid slalom courses, lighted for evening sport, make Fort William a popular ski resort.

CHATEAU FRONTENAC AND LAC BEAUPORT

Friendly Quebec City, rich in historic and romantic interest, is highly favoured as an all-round winter sports resort. The varied activities centre at the Chateau Frontenac—a Canadian Pacific hotel which combines modern luxuries with old-world hospitality. Out at Lac Beauport, experienced skiers wing down Mont St. Castin's runs and over the Sky Line Trail . . . while beginners get their ski legs on the miles of nursery slopes. The modern ski tow is a popular feature. The Chateau Frontenac ski school offers expert instruction.

THE LAURENTIANS

The Laurentian mountain district north of Montreal is admirably adapted to ski sport. Suited equally to the beginner and the experienced skier, the Laurentians offer a wide range of runs from easy, gradual slopes to steep, difficult hills that challenge the skill of the expert. 1,000 miles of well-defined trails provide ample facilities for cross-country ski-ing. For further particulars see skiers' maps issued by the Canadian Pacific Railway, which chart the hill contours, villages and other landmarks.

OTHER CENTRES

The Canadian Pacific Railway also provides convenient train service to Dagmar near Toronto, to the Gatineau Hills north of Ottawa, to the St. Maurice Valley via Trois Rivières, the Eastern Townships and other attractive ski-ing localities throughout Canada. For information regarding low rail fares, accommodations, etc., communicate with your nearest Canadian Pacific representative or General Tourist Agent, Canadian Pacific Railway, Montreal.

CANADIAN PACIFIC