

Painting by NORMAN WILKINSON

goangeline Well

American Express Company Banner Tours of the West

Season 1939

BREAKFAST

ORANGE, TOMATO OR GRAPEFRUIT JUICE
BAKED APPLE WITH CREAM

SLICED ORANGE OR BANANAS WITH CREAM

CEREALS WITH CREAM

GRIDDLE CAKES, CANADIAN MAPLE SYRUP

EGGS AS DESIRED OR GRILLED HAM OR BACON

HASHED BROWNED POTATOES

TOAST OR MUFFINS

MARMALADE OR JAM

TEA

COFFEE

COCOA

SEPTEMBER 23. 1939

Beverages, Cigars and Cigarettes

GINGER ALES, Etc.				
ORANGEADE	IND	GLASS	SPLITS	PINTS
LEMONADE, PLAIN		.20		
SODA LEMONADE		.30		
GRAPE JUICE	20			
GRAPE JUICE HIGHBALL		.35		
CIDER		.55		.25
GINGER ALE			.15	
GINGER BEER			.15	.20
COCA COLA			.10	
COCA COLA			.10	
TABLE WATERS				
MINERAL WATERS			.20	.35
CALEDONIA WATER			.15	.25
SODA, SELTZER, Etc.				
CLUB SODA			.15	.20
BROMO SELTZER		.15		
CIGARS AND CIGARETTES				
DOMESTIC CIGARS10, 2	FOF	25	.15	20
CIGARETTES	.10	AND	.25	

ENIOY A SEASIDE VACATION

in the

MARITIME PROVINCES

ENJOY a different vacation this year—visit New Brunswick and Nova Scotia, the playground of two nations.

Legend says Lief Ericson landed here and called it "Vinland." History recalls the voyages of Champlain and others of the old regime, who marvelled at the fertility of the sea coasts and the beauty of the hinterlands. And so it is to-day, for the gifts of Canada's Maritimes are changeless gifts—landscapes, seascapes, glorious dawn-lights, happy days and golden evenings, with the sun bathing the valleys between the hush of the hills and the roar of the sea.

In such delights as these lies the spell of the Maritimes. Yet not in these alone. There are sunny, smiling valleys, rich in romance and in legend; quiet, placid rivers and swift, turbulent streams where trout and salmon lurk; there are innumerable golf courses and mile after mile of sandy ocean beach where the booming breakers roll.

You will want to enjoy a seaside holiday at St. Andrews-by-the-Sea, New Brunswick, with its charming Algonquin Hotel and famous golf courses patterned after old St. Andrews, Scotland. Then on to Saint John and across the Bay of Fundy by Canadian Pacific steamship 'Princess Helene' to Nova Scotia—where new delights await you. Stop at The Pines Hotel, Digby, and play its championship golf course—swim in an outdoor pool. The Cornwallis Inn, Kentville, is convenient for excursions to Grand Pré in Evangeline Land. The Lakeside Inn is near quaint Yarmouth, while a day's ride by Dominion Atlantic Railway brings you to historic Halifax, with its Lord Nelson Hotel (operated by the Lord Nelson Hotel Company), appropriately maritime and modern.

Hotels of high standard at low cost, the Algonquin, Pines and Lakeside Inn are operated during the summer months only, while the Cornwallis Inn and Lord Nelson are year-round hostelries.

For further information, reservations, etc., communicate with hotel managers, or your nearest Canadian Pacific representative. The Sleeping Car Conductor will be pleased to wire ahead, without charge, to any of the Company's hotels for your hotel reservations.

CANADIAN PACIFIC HOTELS

HOSTELRIES OF BEAUTY AND EFFICIENCY

Noted for Hospitality, Service and Cuisine at moderate rates.

