



Banff Springs
Hotel

THE MOUNTAINEER

BREAKFAST SUGGESTIONS

50c

TOMATO, GRAPEFRUIT JUICE STEWED PRUNES
OR
CEREAL WITH CREAM

TOAST ROLLS BRAN OR CORN MUFFINS MARMALADE OR JAM
 TEA COFFEE MILK

75c

ORANGE, TOMATO, GRAPEFRUIT JUICE STEWED PRUNES
PEACHES WITH CREAM OR MELON
OR
CEREAL WITH CREAM

EGGS, BOILED, FRIED, SCRAMBLED OMELETS—PLAIN, CHEESE OR JELLY
GRILLED HAM OR BACON BACON WITH EGG FISH CAKES WITH BACON

TOAST ROLLS BRAN OR CORN MUFFINS MARMALADE OR JAM
 TEA COFFEE MILK

\$1.00

ORANGE, TOMATO, GRAPEFRUIT JUICE HALF CANTALOUPE
OR
SLICED PEACHES WITH CREAM

COOKED OR DRY CEREALS WITH CREAM

CHICKEN OMELET BROILED WHITEFISH
HAM OR BACON WITH EGGS CALF'S LIVER WITH BACON
CORNED BEEF HASH, POACHED EGG

CANADIAN FRIED POTATOES

TOAST ROLLS BRAN OR CORN MUFFINS MARMALADE OR JAM
 TEA COFFEE COCOA MILK

Waiters are forbidden to serve verbal orders. Passengers will kindly write their orders on meal check.

Children under 12 years of age will be served meals at half price, if ordered on special meal check.

T. M. McKEOWN, Manager, Sleeping, Dining and Parlor Cars, Montreal.

2 B.E., 1 B.W., V-16-38

THE MOUNTAINEER

A LA CARTE

FRUITS, ETC.

SLICED PEACHES WITH CREAM 25
CANTALOUPE (HALF) 25 CASABA MELON 25
GRAPEFRUIT JUICE 20 PINEAPPLE JUICE 20 ORANGE JUICE 20
STEWED PRUNES 15, WITH CREAM 25 TOMATO JUICE 15 SLICED ORANGE 20
SLICED BANANA WITH CREAM 20

CEREALS WITH MILK 15, WITH CREAM 25

FISH

BROILED SALMON, HALIBUT OR CODFISH, MAITRE D'HOTEL 50
FISH CAKES 40, WITH BACON 50

CHOPS, STEAKS, ETC.—FROM THE GRILL

"RED BRAND" SIRLOIN STEAK 1.25 "RED BRAND" SMALL STEAK 1.00
BROILED OR FRIED HAM (HALF CUT) 35 (FULL CUT) 50 LAMB CHOPS (ONE) 30 (TWO) 55
HAM ½ CUT WITH 1 EGG 45, WITH 2 EGGS 55 BACON (3 SLICES) 30 (5 SLICES) 50
BACON (3 SLICES) 30, WITH 2 EGGS 55
CALF'S LIVER WITH BACON 60

GRIDDLE CAKES WITH CANADIAN MAPLE SYRUP 35
CORNEBEEF HASH, POACHED EGG 50

EGGS, OMELETS, ETC.

BOILED (ONE) 15 (TWO) 25 SCRAMBLED 30 FRIED (ONE) 15 (TWO) 25
POACHED ON TOAST (ONE) 20 (TWO) 35
OMELETS—PLAIN 30, TOMATO, CHEESE OR JELLY 40, CHICKEN, HAM OR SPANISH 45

HASHED IN CREAM OR HASHED BROWNED POTATOES 20

MARMALADE, JAMS, JELLIES, ETC.

(IN INDIVIDUAL JARS)

QUINCE JELLY 15 BRAMBLEBERRY JELLY 15 CRABAPPLE JELLY 15 STRAWBERRY JAM 15
ORANGE OR GRAPEFRUIT MARMALADE 15 RASPBERRY JAM 15

SLICED PINEAPPLE 20 PRESERVED FIGS 30, WITH CREAM 40
INDIVIDUAL CANADIAN COMB OR STRAINED HONEY 20

BREAD AND BUTTER SERVICE PER PERSON

CORN MUFFINS 10 RAISIN BRAN MUFFINS 10
ASSORTED BREADS OR TOAST 10

TEA, COFFEE, ETC.

COFFEE, POT 20, SERVED WITH HOT MILK OR CREAM SANKA COFFEE 20
INSTANT POSTUM 20 TEA, POT 20 COCOA, POT 20
INDIVIDUAL SEALED BOTTLE MILK 15 MALTED MILK 20

BANFF

is the headquarters of BANFF NATIONAL PARK

—a magnificent region of peak, glacier, forest, lake and river protected by the Canadian Government, containing 2,585 square miles. The little town lies embowered in spruce trees, lawns and flowers; through it sweeps the Bow River, green and cold from the glaciers—around it, so close that you can walk to them, are Cascade Mountain, Sulphur Mountain, Mount Rundle, Stoney Squaw, Mount Inglismaldie, and a hundred others.

Through Banff's main street throbs a colorful life—visitors from all parts of Canada, every state of the Union, Europe, Asia—Indians in feather headdress, ten-gallon-hatted cowboys, scarlet-coated troopers of the Royal Canadian Mounted Police. Park Wardens in their smart new green uniforms. Trail Riders and pack ponies.

Not only because of its beautiful environment is Banff one of the most popular mountain resorts of this continent! Part of the reason is famous Banff Springs Hotel. This magnificent hostelry, situated on a crest overlooking the junction of the Bow and Spray Rivers, with the snowy Fairholme Range beyond and Sulphur Mountain behind, has become the centre of a tradition of charming hospitality and a background of social life.

Banff Springs Hotel dominates the view like a great baronial Scottish castle. Inside it is the same—its Mount Stephen Hall reminds you of the stage setting for "Macbeth," while its dining rooms cater for the eye just as their Canadian Pacific cuisine ministers to the hearty mountain appetite!

Banff Springs Hotel . . . is a Canadian Pacific Hotel—one of the chain of fifteen hotels from Coast to Coast owned and operated by the "World's Greatest Travel System." It is open from June to September.

For further information, reservations, etc., apply to Manager, Banff Springs Hotel, Banff, Alberta, Canada, or to any Canadian Pacific Agent.

The Sleeping Car Conductor will be pleased to wire ahead, without charge, to any of the Company's hotels for your hotel reservations.

CANADIAN PACIFIC