



CANADIAN NATIONAL RAILWAYS



# Meals on Wheels

### DINING CAR SERVICE

### A la Carte

RELISHES, ETC.

BLENDED FRUIT JUICE 25c

FRUIT COCKTAIL 35c GRAPEFRUIT JUICE 25c

TOMATO JUICE 25c

APPLE JUICE 25c

CELERY 30c

OLIVES 25c

CANADIAN SARDINES, FANCY PACK 35e

IMPORTED SARDINES 65c

SOUPS: TUREEN 40c: CUP 25c (See Table d'Hote Menu)

FISH: FRESH OR SMOKED 95c (See Table d'Hote Menu)

#### EGGS, ETC.

BROILED BACON (5 Strips) 90c; (3 Strips) 65c BROILED SUGAR CURED HAM (Full Cut) 95c; (Half Cut) 70c BROILED HAM WITH FRIED EGGS \$1.05; (with 1 Egg) 90c BROILED BACON WITH FRIED EGGS \$1.00; (with | Egg) 80c

BOILED OR FRIED EGGS (2) 55c; (1) 30c POACHED EGGS ON TOAST (2) 55c; (1) 30c SCRAMBLED EGGS (2) 55c

SHIRRED EGGS 65e

#### OMFI FTS

PLAIN 60c

PARSLEY, TOMATO OR CHEESE 65c

HAM, BACON OR SPANISH 75c

#### COLD MEATS AND SALADS

ASSORTED COLD MEATS 90c; WITH POTATO SALAD \$1.00

POTATO SALAD 25c

SLICED TOMATO OR HEAD LETTUCE SALAD 55c LOBSTER SALAD "NATIONAL" 80c

COMBINATION SALAD 65c

CHICKEN SALAD 80e (Dressing without Oil, Mayonnaise or French Dressing)

#### VEGETABLES

BOILED OR MASHED POTATOES 20c

LYONNAISE OR HASHED BROWNED POTATOES 30c

FRESH VEGETABLES 25c (See Table d'Hote Menu)

#### DESSERTS

STRAINED HONEY 30c

BAKED APPLE WITH CREAM 35c

PUDDING 30c

ICE CREAM 25c; WITH WAFERS OR CAKE 30c ICE CREAM SUNDAES 30c

PIE (Per Cut) 25c

CANADIAN CHEDDAR OR OKA CHEESE WITH BISCUITS 30c

#### SANDWICHES

(White or brown bread. Plain or toasted)

CHEESE 30c EGG 40c CHICKEN 60c

HAM 35c

TOMATO 30c TONGUE 45c

HAM AND EGG 55c

BREADS

WHITE OR BROWN BREAD 10c

HOT ROLLS 10c

HOT BRAN MUFFINS 10c

TEA, COFFEE, ETC.

TEA (Per Pot) 25c

COFFEE (Per Pot) 25c

COCOA (Per Pot) 25c

INDIVIDUAL SPECIAL MILK 15c

DEMI TASSE 15c

MALTED MILK 25c INSTANT POSTUM (Per Pot) 25c

Waiters are strictly forbidden to take or serve verbal orders. Guests will confer a favor by requesting meal check blank.



# Meals on Wheels

## **CLUB BREAKFASTS**

Juice or Fruit STEWED PRUNES WITH CREAM BAKED APPLE WITH CREAM

CHOICE OF FRUIT OR

CEREAL WITH CREAM

FRIED OR BROILED FRESH FISH

Choice of GROILED FRESH FISH
EGGS: BOILED, FRIED, SCRAMBLED OR POACHED
CRANBERRY OR HAM OMELET
GRIDDLE CAKES WITH FRIED BACON
BROILED HAM OR BACON WITH FRIED EGGS

TOAST H

HOT BRAN MUFFINS

HOT ROLLS

MARMALADE JAM JELLY STRAINED HONEY

TEA COFFEE COCOA

MILK

JUICE

\$1.25

CHOICE OF FRUIT OR JUICE OR CEREAL WITH CREAM

Choice of GRIDDLE CAKES WITH TOMATO SAUCE

GRIDDLE CAKES WITH MAPLE SYRUP

BROILED HAM OR BACON WITH FRIED EGG

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TOAST

HOT BRAN MUFFINS

HOT ROLLS

MARMALADE JAM JELLY STRAINED HONEY

TEA COFFEE COCOA MILK

75c.

CHOICE OF FRUIT OR JUICE OR CEREAL WITH CREAM

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TOAST HOT BRAN MUFFINS

HOT ROLLS

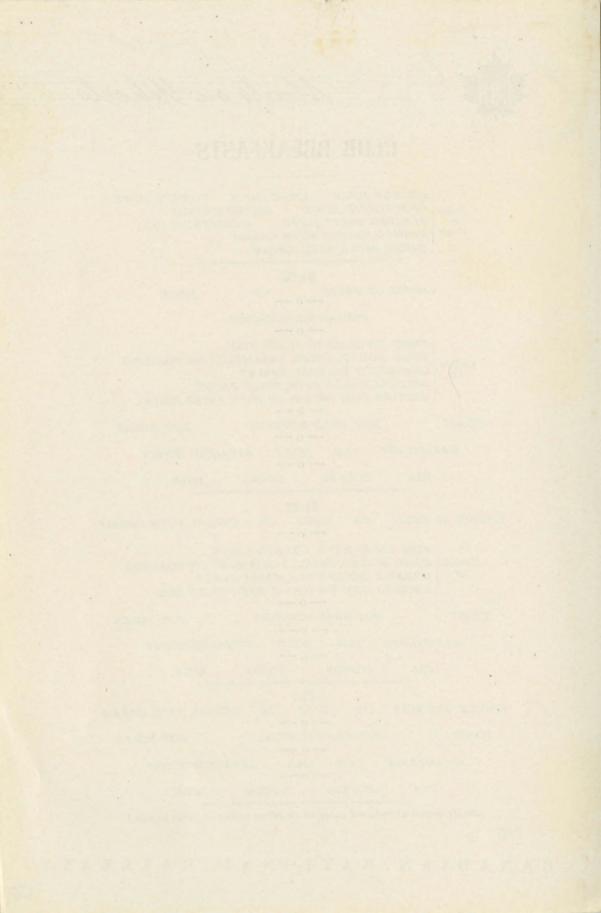
MARMALADE JAM JELLY STRAINED HONEY

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TEA COFFEE COCOA MILK

(Meals served at reduced rates to children under 12 years of age.)

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# Meals on Wheels

## Reverages Cigars and Cigarettes

		Splits	Pints	
Mineral Waters, Etc.	Mineral Water	20c	35c	
	Club Soda	15c	25c	
	Sparkling Water	15c	25c	
	Dry Ginger Ale	15c	25c	
	Soft Drinks, Various	15c		
		Glass		
	Lemonade Plain	20c		
Cigars and Cigarettes	Lemonade with Soda	30c		
	Lemonade with Mineral Water	35c		
	Bromo Seltzer	15c		
	Choice Havana Cigars 2 fo	18c and 28c each 2 for 27c; 2 for 37c 2 for 45c		
(City Prices)	Cigarettes36c a	6c and 40c per pkg.		

Provincial Tax will be added where effective.

It will be appreciated if patrons will report any unusual service or attention on the part of employees of Sleeping, Dining and Parlor Cars to Superintendent at Tovonto, Ont., as this will enable the Management to recognize exceptional efficiency.

J. A. McISAAC, Manager Sleeping, Dining and Parlor Car and Restaurant Department Montreal, Que.



### "Meat, for thy health's sake"

The pulp and paper, the timber, the mining and the manufacturing industries have grown enormously in Canada in the past few decades, but the greatest single industry is still agriculture. While wheat and the coarse grains remain in the top place, the livestock industry has taken on a new importance and Canadian beef and bacon have a proud reputation at home and abroad.

In one year recently Canada's cattle population numbered nearly 11,000,000, hogs have reached a total of 8,000,000, sheep and lambs nearly 4,000,000 and domestic fowl nearly 84,000,000.

This is enough of statistics. We won't give any figures for milk and cream, butter and cheese and eggs. It is enough to say that dairy production means several hundred millions of dollars a year to Canadian producers.

"In good meat is much glee", said one of the shepherds in a traditional English Christmas play. Good meat is served in all Canadian National hotels and dining cars. The Railway buys the best and skilled chefs prepare it in a wide variety of appetizing ways for your pleasure and your health as you travel.

