CANADIAN NATIONAL RECIPES

Which Help to Make the C.N.R. Dining Car Service Popular

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HOME MADE PRESSED CORN BEEF

(For five persons)

Select 2½ lbs. corn beef flank, soak over night and place on range with ½ gal. of water, boil until tender. Season with spices to taste, reduce stock to ½ pt., pour in mould with meat, press with heavy weight for 12 hours.

CELERY AND SPINACH SALAD

(For six persons)

Chop fine 3 lbs. cooked spinach, 2 cups of chopped celery, season with salt and pepper, mould and serve with mayonnaise or Thousand Island dressing, garnish with shredded beet and quartered egg.

POSTAL CARD

Miss Helen E. Amerman
Cedar Lake
Denville, N.J.

CANADIAN NATIONAL RAILWAYS

The Scenic Route Across Canada