SUPER Continental

Welcome on board the Super Continental. We wish you a pleasant trip and pleasant dining. When you require a less formal meal or an in-between snack you may care to try the dinette (*East of Winnipeg*) or coffee shop (*West of Winnipeg*) service in the car ahead. For passengers who are indisposed the dining car steward will gladly arrange room service, please ask him. You are reminded, too, that light refreshments are available from the buffet in the lounge car. In the Super Continental we have tried to create a "home on wheels", it is hoped you will like its appointments.

★ ★ ★

Your comments on the service will be appreciated.

H. A. SIMONS, *General Manager,*
Sleeping, Dining & Parlor Car Department,
Montreal, Que.

SERVING ALL CANADA
AND 12 STATES
IN THE U.S.A.

CANADIAN NATIONAL RAILWAYS

PRINTED IN CANADA

A LA CARTE

Please write your order on a Meal Check

APPETIZERS
Blended Fruit Juice 30¢ — Tomato Juice 30¢
Apple Juice 30¢ — Olives 30¢
Canadian Sardines, Fancy Pack 55¢

SOUPS
Tureen 50¢ — Cup 30¢
(See Table d'Hote Menu)

FISH
Broiled or Fried Fish $1.20

SELECTIONS
Broiled Bacon (5 Strips) $1.20; (3 Strips) 90¢
Broiled Ham (Full Cut) $1.20; (Half Cut) 90¢
Grilled Ham or Bacon with Fried Eggs $1.30; (with 1 Egg) $1.10
Boiled or Fried Eggs (2) 75¢; (1) 40¢ — Scrambled Eggs 75¢
Poached Eggs on Toast (2) 75¢; (1) 40¢
Parsley, Tomato or Cheese Omelet with Strip of Bacon 95¢
Plain Omelet with Strip of Bacon 90¢
Ham or Bacon Omelet $1.05

SALADS
Head Lettuce and Tomato Salad 90¢
Lobster Salad "National" [redacted] $1.60 — Chicken Salad [redacted] $1.60
(Dressing without Oil, Mayonnaise or French Dressing)

VEGETABLES
Boiled or Mashed Potatoes 25¢
Lyonnaise or Hashed Browned Potatoes 40¢
Vegetables 35¢
(See Table d'Hote Menu)

DESSERTS
Pie (Per Cut) 30¢ — Strained Honey 35¢ — Pudding 35¢
Ice Cream 30¢; with Wafers or Fruit Cake 35¢
Ice Cream Sundae 35¢
Canadian Cheddar or Oka Cheese with Biscuits 40¢

SANDWICHES
Cheese 40¢ — Fried Egg 45¢ — Ham 55¢ — Tomato 40¢
Chicken 75¢ — Ham and Egg 75¢
(White or Brown Bread, Plain or Toasted)

BREADS
White or Brown Bread 20¢ — Hot Rolls 20¢

BEVERAGES
Tea (Pot) 30¢ — Coffee (Pot) 30¢ — Cocoa (Pot) 30¢
Individual Special Milk 20¢ — Instant Postum (Pot) 30¢

Meals for children under twelve years of age may be selected from Children's Menu or half portions from the regular menu at half price.

TABLE D'HOTE DINNERS

(Price opposite main course includes complete meal)

Iced Celery or **Fruit Cocktail**

. . . .

Creme Soubise — **Consomme, Hot or Jellied**

Baked Smoked Lake Winnipeg Goldeye, Drawn Butter	$2.70
Fried Fillets of Fresh Haddock, Naturel	$2.70
Green Pepper Omelet with Strip of Bacon	$2.70
Chicken Fricasee En Casserole, Supreme	$2.80
Roast Prime Ribs of Beef, Au Jus	$3.25
Assorted Cold Meats, Dill Pickles	$2.80
Charcoal Broiled Sirloin Steak, "National"	$4.50

Potatoes: Boiled, Mashed or **Oven Browned**

Boiled Onions in Cream or **Buttered New Carrots**

Combination Salad, French Dressing

French or Brown Bread — **Hot Bran Muffins** — **Hot Rolls**

* * *

DESSERTS

Frosted Blueberry Pie
Chilled Honey Dew Melon
Chocolate Nut Sundae
Canadian Cheddar or **Oka Cheese with Biscuits**

***Pot of Tea** — **Milk** — **Buttermilk** — ***Pot of Coffee**

*Iced if Desired

(SBD-21)