

LUNCHEON

AMERICA'S  
GETTING  
INTO  
TRAINING





Please Write Your Selections on the Guest Check  
Enjoy Your Favorite Cocktail Before Lunch

### *APPETIZER*

Chilled Juice, Orange, Prune, Tomato, Grapefruit .65  
Tropical Fruit Cup .75    The Day's Soup .75    Chilled Fresh Melon 1.25

### *LATE RISER*

A Generous Portion of Sliced Smoked Ham, Two Eggs, Fried or Scrambled  
Home Fried Potatoes, Hot Rolls with Butter and Jelly 3.65

### *GREENERY*

Crisp Lettuce with Tomatoes, Cucumbers and Croutons  
Your Choice of Thousand Island, Creamy Bleu Cheese, Italian  
or Amtrak's Specialty French Dressing 1.10

**Tropical Fruit Plate** 2.75  
Chunks of Papaya, Pineapple and Banana, with Cottage  
Cheese on a Crisp Lettuce Bed. Delightful!

### *LIGHTER FARE*

**Our Steak Sandwich** 4.95  
Cooked to Order and Served Open Faced on Toast Points  
with Potato Tots, Lettuce, Tomato and Pickle Spear

**Deluxe Cheeseburger** 2.95    **Deluxe Beefburger** 2.85  
Prepared As You Like It and Served on a Toasted Kaiser Roll  
with Lettuce, Tomato, Onion, Pickle Spear and Potato Tots

**Vegetable Plate** 2.50  
Two Garden Vegetables, Parslied Potatoes and a Mound of Cottage Cheese

**Bacon, Lettuce and Tomato Sandwich** 1.95  
Crisp and Delicious, Served with Potato Chips

### *DESSERTS*

Strawberry Shortcake 1.35    Apple Pie .80    a la Mode 1.25  
Lemon Ice Box Pie .80    Chocolate Sundae 1.25    Ice Cream .65  
Fresh Chilled Melon 1.25    With Ice Cream 1.65

### *BEVERAGES*

Coffee .55    Hot Tea .55    Decaffeinated Coffee .55  
Iced Tea .55    Regular or Lo-Fat Milk .50

Margarine Available on Request

Menu Prices Include All State and Local Taxes  
Major Credit Cards Accepted







# LUNCHEON

## SOUP AND SANDWICH

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A Cup of The Day's Soup and A Tasty Sandwich Made with  
Your Choice of Bread, Potato Chips and Garnish

Ham and Swiss Cheese 2.75	Breast of Turkey 2.65
Grilled Cheese 2.25	Smoked Ham 2.65
American Cheese 2.10	Swiss Cheese 2.10

**Stacker**—Ham, Turkey, Swiss and American Cheese  
Lettuce and Tomato, Served on a Kaiser Roll 2.95

## MIDDAY FARE

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### Our Cold Plate Assortment

Slices of Prime Rib, Smoked Ham, Turkey Breast  
American and Swiss Cheese, Garnished with Lettuce  
Tomato, Cucumber, Egg Wedges and Radish Rosette  
Hot Rolls and Butter 3.95

### Hot Turkey Sandwich, Giblet Gravy

Sliced and Served With Whipped Potatoes  
And Cranberry Relish 3.35

## WINE AND CORDIALS

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Chablis, Rosé and Burgundy Wine, Half Bottle 2.50  
Kahlua, Amaretto di Saronno, Cognac and Drambuie Cordials 1.75

## CHILDREN'S MENU

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For Young Travelers, Age Twelve and Under

**Mile Post** 1.50  
Youngster's Favorite, Peanut Butter and Jelly Sandwich, Potato Chips and Milk

**Amtrak Express** 2.50  
Hot Turkey Sandwich, Giblet Gravy, Mashed Potatoes and Milk to Drink





## WINES AND BEVERAGES

### WINE

Chablis, Rosé and Burgundy Wines and Champagne  
are Available for Your Dining Pleasure  
Wine, Half Bottle 2.50    Champagne, Half Bottle 3.00

### BEER

Beer 1.00    Ale 1.00    Premium Beer 1.25

### FROM THE BAR

All Drinks from the Bar 1.75  
Scotch, Bourbon, Canadian, Vodka, Gin, Rum  
Vodka Martini, Gin Martini, Manhattan  
Old Fashioned, Daiquiri, Whiskey Sour  
Sherry

### CORDIALS

Complete Your Meal with a Cordial 1.75  
Kahlua, Amaretto di Saronno, Cognac and Drambuie

### MIXERS

Ginger Ale, 7 Up, Tonic, Bloody Mary  
Club Soda, Coca-Cola, Orange Juice

### SOFT DRINKS

All Soft Drinks .50  
Coca-Cola, Fresca, Ginger Ale, Tab, 7 Up

We're more than a means of getting from "here" to "there." Amtrak is a railroad for people who have business appointments to keep, for college students going home for the holidays, for the members of the armed forces on leave to see their families, for grandparents going on a visit to see their grandchildren, and for families making a vacation trip.

Amtrak is for America, and there are as many reasons to take us as there are people who use our service

We invite comments or questions concerning Amtrak's Food and Beverage Service, please write to:

Manager, Food and Beverage  
Amtrak  
400 North Capitol Street, N.W.  
Washington, D.C. 20001

